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An Overview of EDI and the Origins of HIPAA



Administrative Simplification

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Healthcare Insurance Portability and Accountability Act

Privacy

Security



What is HIPAA About?

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HIPAA is all about Standards!

 Standards for automating the business process of Claims Administration

 Standards for the security and confidentiality of Health Information



Let's Define Our Terms

Electronic Data Interchange:

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- The exchange of computer-processable data in a standardized format between two enterprises.
- Electronic Commerce:
 - Any use of a variety of technologies that eliminate paper and substitute electronic alternatives for data collection and exchange. Options include Interactive Voice Response, Fax, Email, Imaging, Swipe Cards and multiple Web-based Internet tools.



Eliminating Paperwork

- A Decades-Old Quest
 - 1950s First Steps
 - 1960s Tape-based standards
 - 1970s Industry-Specific Standards
 - 1980 Cross-Industry Standards
 - 1990s EDI evolves into EC
 - 2000s Stay Tuned!



··· EDI and EC: A Place for Both

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EDI

- Standards-based data exchange the foundation of quality transaction processing.
- System to system exchanges of highly structured data.

Electronic Commerce:

- Multiple ways to communicate unstructured data.
- People-to-system or people-to-people exchanges.



What Standards?

- What is ANSI?
 - American National Standards Institute

- Since 1917 the only source of American National Standards
- What is ASC X12
 - Accredited Standards Committee X12, chartered in 1979
 - Responsible for cross-industry standards for electronic documents



Healthcare EDI/EC

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 Medicare practices and procedures created today's electronic claims processes.

- Claims clearinghouses arose to meet the mapping and editing needs of providers and commercial claims payers.
- Medicaid's practices and procedures created today's electronic eligibility processes.

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Administrative Simplification

- New England Journal of Medicine article claims 19-24% of US Healthcare Costs are Administrative.
- Private Sector Response the Bush Administration and WEDI.



▶1993 WEDI Recommendations

 To automate the claims process will require:

- •Standards for key Employer-Health Plan data exchanges.
- •Standards for key Payer-Provider data exchanges.
- Uniform Code Sets
- National Identifiers
 - Patient
 - Provider
 - Payer
 - Employer



→1993 WEDI Recommendations

 National Guidelines to preempt state standards

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- Signatures
- Security
- The Clinton Reform Initiative incorporated many of the WEDI recommendations with some embellishments.
- •Support for Administrative Simplification survived the death of the Clinton Healthcare Reform Initiative



Privacy

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The "leak" of the HIV Positive Diagnosis led to an alarmed public and a series of hearings on Privacy.

• Bipartisan consensus on administrative simplification found its expression in HIPAA legislation of 1996. WEDI recommendations were incorporated with additional requirements related to Privacy.



1996-2000 Waiting for Rules

- NCVHS
 - DHHS charged NCVHS to hold hearings on:

- Transaction Standards
- Code Sets
- Identifiers
- Security and Privacy Proposed Rules
 - Security Guideline 8/98
 - Privacy Proposed Rule 11/99



Security

- "Protected Health Information"
 - individually identifiable that has ever been:
 - electronically transmitted

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- electronically stored
- Administrative procedures---documented general practices for establishing and enforcing security policies
- Physical safeguards---documented processes for protecting physical computer systems, buildings, and so on
- Technical security services---processes that protect, control, and monitor access
- Technical security mechanisms—mechanisms for protecting information and restricting access to data transmitted over a network



Employer/

Plan Sponsor

Human Resources Benefit Enrollment and Maintenance (834)

Health Plan

Membership Accounting

Accounts Payable

Payment/Remittance (820)

Premium Billing

Treasury

Bank

(820)

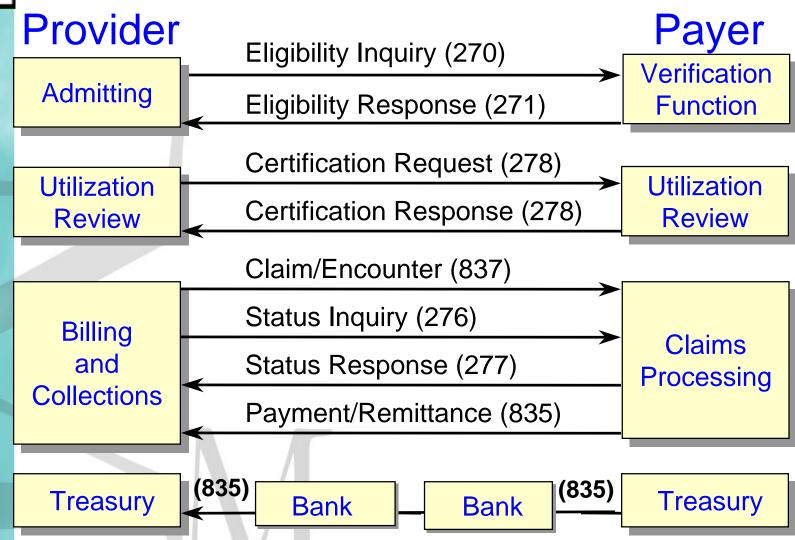
Bank

(820) —>

Treasury



The Claims Process





Where Are We Now?

- Claims Administration will move into the mainstream of Corporate Electronic Document Exchange.
 - ASC X12 and other standards bodies can help move the industry to long sought goals of a "networked" healthcare industry.
- Providers and Payers will adopt improved Security practices to keep patient information confidential
 - Internet security guidelines will also allow the E-commerce revolution to find applications in healthcare.