

Engineering the care delivery/management team across the continuum

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ACO Congress
November 3, 2011

Roadmap for today's discussion

- Lessons from 100 accountable care assessments
- Geisinger case study
- Challenges
- Partnership between Premier and Geisinger: patient-centered medical homes

Introduction to Premier

A performance improvement alliance



Uniting more than **2,500 hospitals** and nearly **76,000-plus other healthcare sites**

Quality Improvement

Quality Measurement & Benchmarking, Safety Surveillance, Comprehensive Data

Cost Reduction

Group Purchasing & Supply Chain Improvement, Labor Management, Comprehensive Data

Risk Mitigation

Liability, Benefits & Risk Management

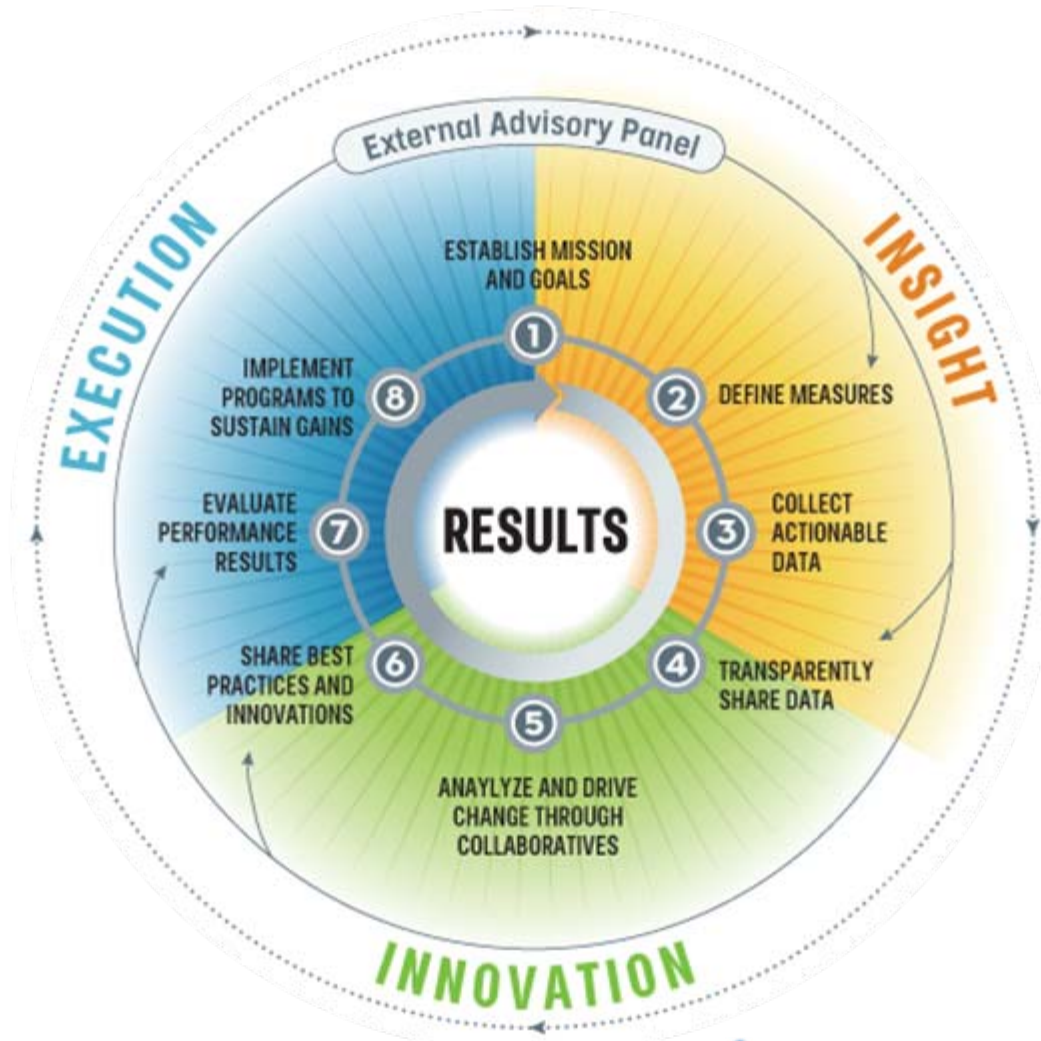
Advocacy

Shaping policy and advocating for members

Execution Engine

Collaboration, Expertise, Results

Premier's Collaborative Methodology™



©2011 Premier, Inc.

The models and players can be very different

This is about more than just Medicare

STRUCTURES



PAYORS

Provider-sponsored Plans	Private Plans	Government	Employers
Geisinger Health Plan	Anthem/WellPoint	CMS	IBM
Presbyterian (NM) Health Plan	HealthSpring/Bravo	State Medicaid plans	Caterpillar
Health New England (Baystate)	Cigna BCBS MT	S-CHIP plans	Eastman Chemical
SummaCare (Summa)	Coventry HMSA	VA	UNITE HERE Local 54 representing:
Billings Clinic	Medica Horizon BCBS		<ul style="list-style-type: none"> • Trump Entertainment Resorts, Inc. • Harrah's Entertainment • Hilton Hotels Corp. • MGM Mirage
First Health	United New West		
	Aetna BCBS MA		

**Source: Article by Stephen M. Shortell and Lawrence P. Casalino*

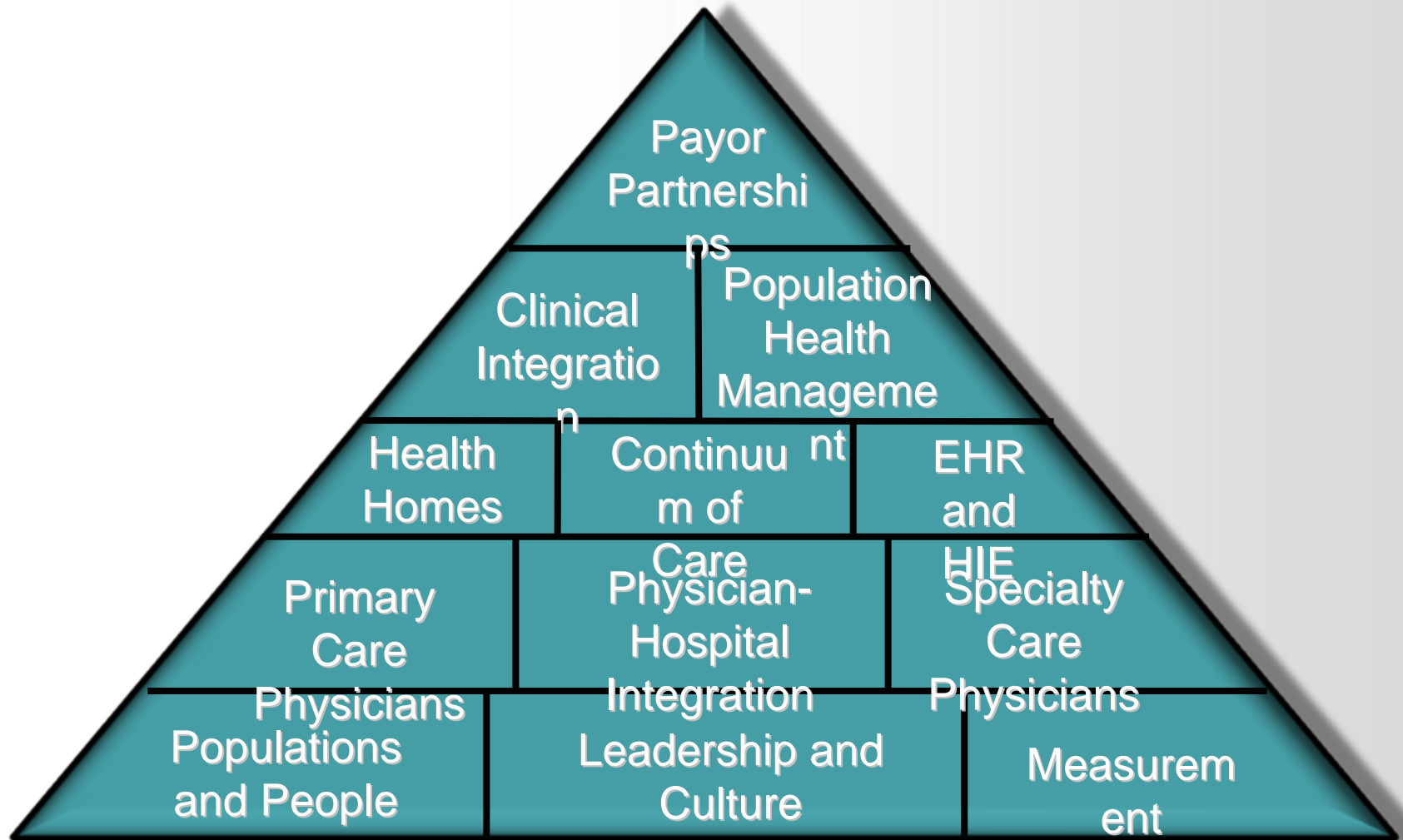
Premier integrated care operating principles

1. Integrated health care services are **centered on the people / population served**.
2. **Physician engagement and leadership are** critical success factors in implementing an integrated care system.
3. **Primary care services**, utilizing the health home delivery model, is the **foundation** for coordinating and facilitating care for the population and **physician alignment is the foundation for effectively integrating the health home** within the healthcare system.
4. **Promoting wellness and managing disease**, including chronic disease, for all patients across the continuum utilizing evidence-based care models is a **core competency**.
5. **Key metrics** (quality, outcomes, cost per capita, and the population's health status, satisfaction and engagement across the continuum) **are monitored** and actions are taken to improve the care and health of the population.
6. **Electronic health records are utilized & data exchanged across the continuum of care** for timely, seamless, quality and cost effective care delivery.

Integrated care operating principles (cont.)

7. Transforming healthcare organizations into organized delivery systems of care requires **well-aligned partnerships that clearly outline expectations of all providers** (e.g., physicians, hospitals, home health, behavioral health, etc.) to effectively deliver a full continuum of services.
8. **Partnerships with payor organizations and other administrators are necessary** to implement, evaluate, and manage the entire system of care.
9. All providers are engaged in a **culture of people-centered and team-based care** and provide clinical and administrative leadership across the continuum.
10. **Individuals are engaged in their care plans** and are actively involved in designing the care system and incentives to improve health and wellness.
11. **Health system leaders develop, communicate, and actively support the vision** of integrated care by ascribing to these operating principles, creating economic alignment and **transforming the organizational culture**.

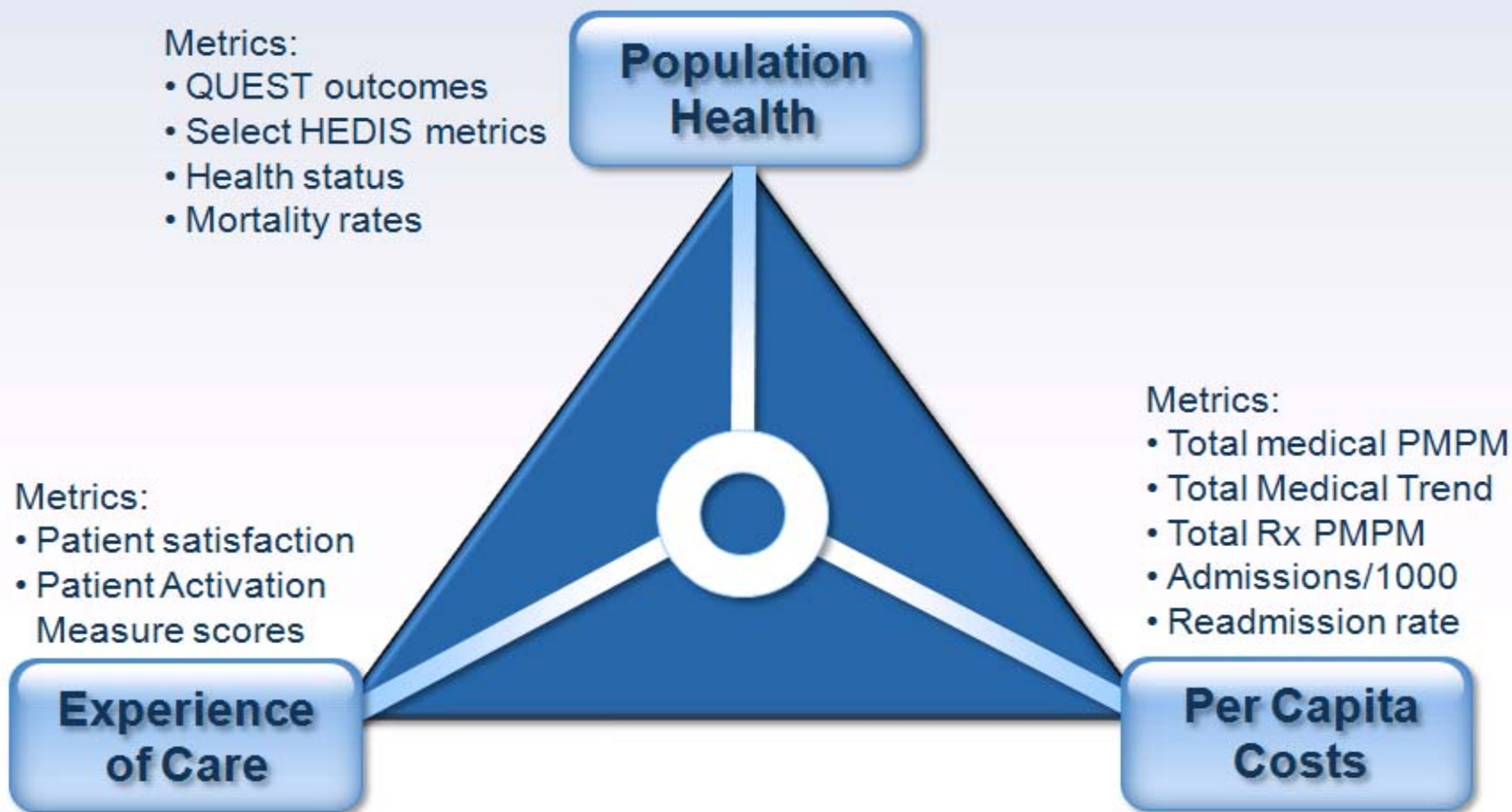
Building blocks for integrated care



Building blocks for integrated care

#	Building Block
1	Define targeted population(s) and assess people's needs, risks and costs
2	Develop and implement leadership structures and cultural alignment
3	Create measurement capacity to evaluate and model transformation impact
4	Recruit and engage primary care physicians to serve targeted population(s)
5	Establish physician-hospital integration to form authentic partnerships
6	Engage philosophically aligned and high value specialty care physicians
7	Build primary care health homes to coordinate care and support people
8	Engage a wide range of services across the continuum of care
9	Integrate EHR and HIE solutions to enable sharing of electronic health data
10	Forge clinical integration in care delivery processes across the continuum
11	Build and implement population health management capabilities
12	Develop payor partnerships on a foundation of shared benefit and value

Definition of success: *Improving Triple Aim™ population outcomes*



The term Triple Aim is a trademark of the Institute for Healthcare Improvement

Using lessons from HQID and QUEST

42 States collaborate to redesign care

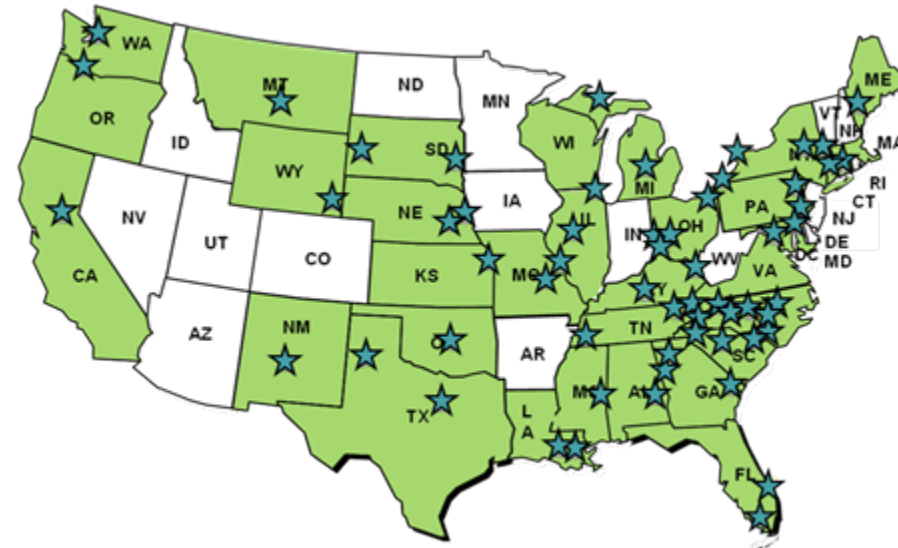
Partnership for Care Transformation

> IMPLEMENTATION COLLABORATIVE



28 systems in 29 markets representing 120+ hospitals, 5,000+ MDs and more than 1.5M accountable care covered lives

> READINESS COLLABORATIVE



67 systems in 86 markets representing 300+ hospitals, 12,000+ MDs and more than 3.6M accountable care covered lives

Readiness assessments: *Qualitative vs. Quantitative*

Qualitative Assessment

- A summary of key findings from a set of key open ended questions asked of a C-level representative (CEO, COO, CMO, CNO, etc), assessing their:
 - Market Environment
 - Organization Readiness
 - Strategic Commitment
 - Clinical Integration

Quantitative Assessment

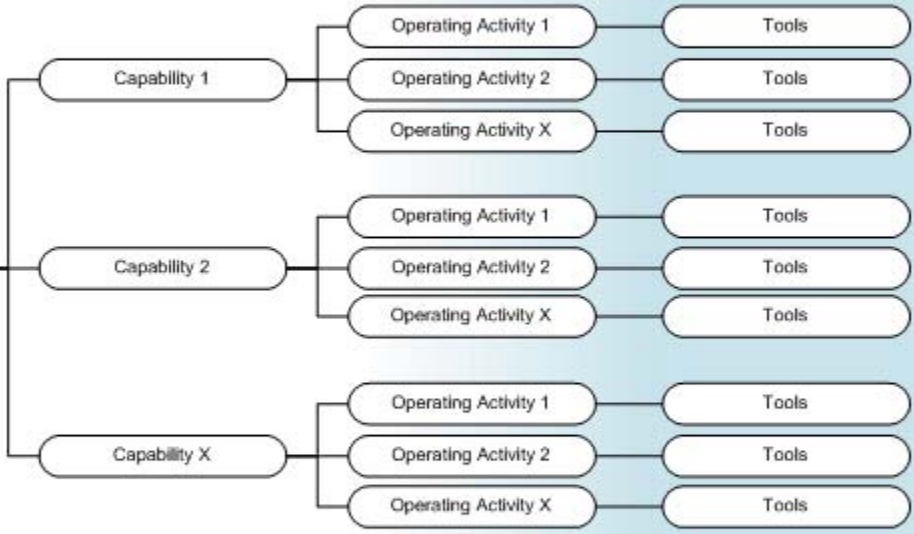
- For each of the six components:
 - Spider chart of assessment result for the component
 - Drivers for ACO development: top Priority Operating Activities for:
 - Readiness to negotiate contract with a Payor as an ACO (private or public)
 - ACO impact on the Triple Aim™ objectives
 - Brief qualitative summary of Readiness Assessment scoring results
- Attachment to report – Readiness Assessment Tool with scoring results

The capabilities framework

ACO Model



Capabilities Framework

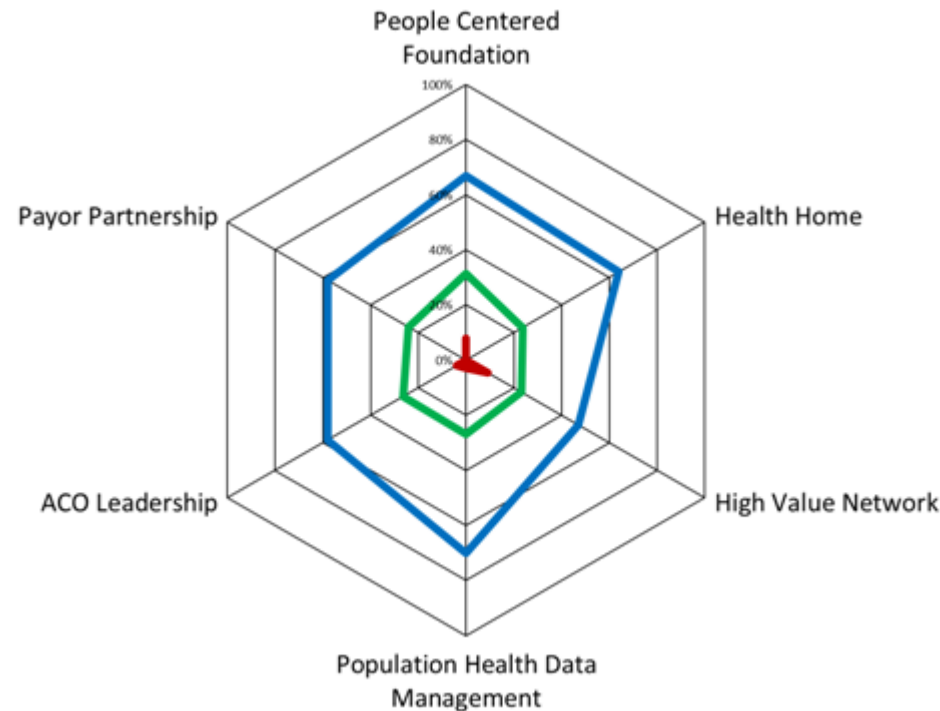
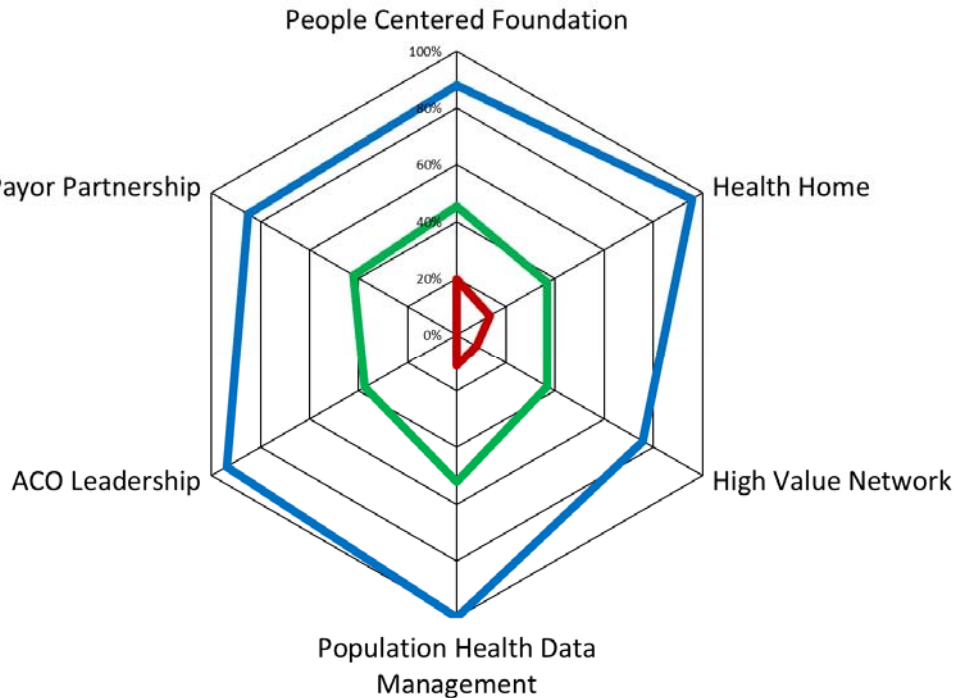


Partnership for Care Transformation

Baseline assessment

Implementation Collaborative Overall Assessment*

Readiness Collaborative Overall Assessment**



Blue = High
Green = Average
Red = Low

*Data from 24 markets

**Data from 51 assessments

Lessons learned: *Environmental assessment*



- Start with environmental assessment
- Review available comparable data (external)
 - Quality (HQID / QUEST / CMS / HCAHPS / Other)
 - Cost / Payment (CMS)
 - Population Data / Cost, Utilization – Dartmouth Atlas
- Perform cultural assessment (internal)



Lessons learned:

Primary care network



- Health (Medical) Home
- Physician-Hospital Partnership
 - Physician Relations / Engagement
 - Physician Leadership Roles / Development
 - Primary Care and Specialists
 - Clinical Integration
 - Alternative Models



Lessons learned:

Clinical integration

- Joint venture structure (mission, goals, etc.)
- Creates Interdependence/cooperation to control cost/ensure quality
- Ongoing Program evaluates/modifies practice (EBM) patterns
- Mechanism (pathways/care management) to monitor/control utilization/quality of services
- Selectively choose partners who further efficiencies
- Significant capital investment (IT) to realize efficiencies
- Joint payor contracting



Lessons learned: *Information technology*



- Development of ACO IT Plan
- Implementation of Hospital EMR (including CPOE)
- Physician Office EMR alternatives
- Integrating the Hospital and Physician Office EMR
- Integration Engine or HIE?
- Population Measurement Health Data System
- Quality Measurement System (across the Continuum)
- Cost Measurement across the continuum
- Consumer Health Platform development

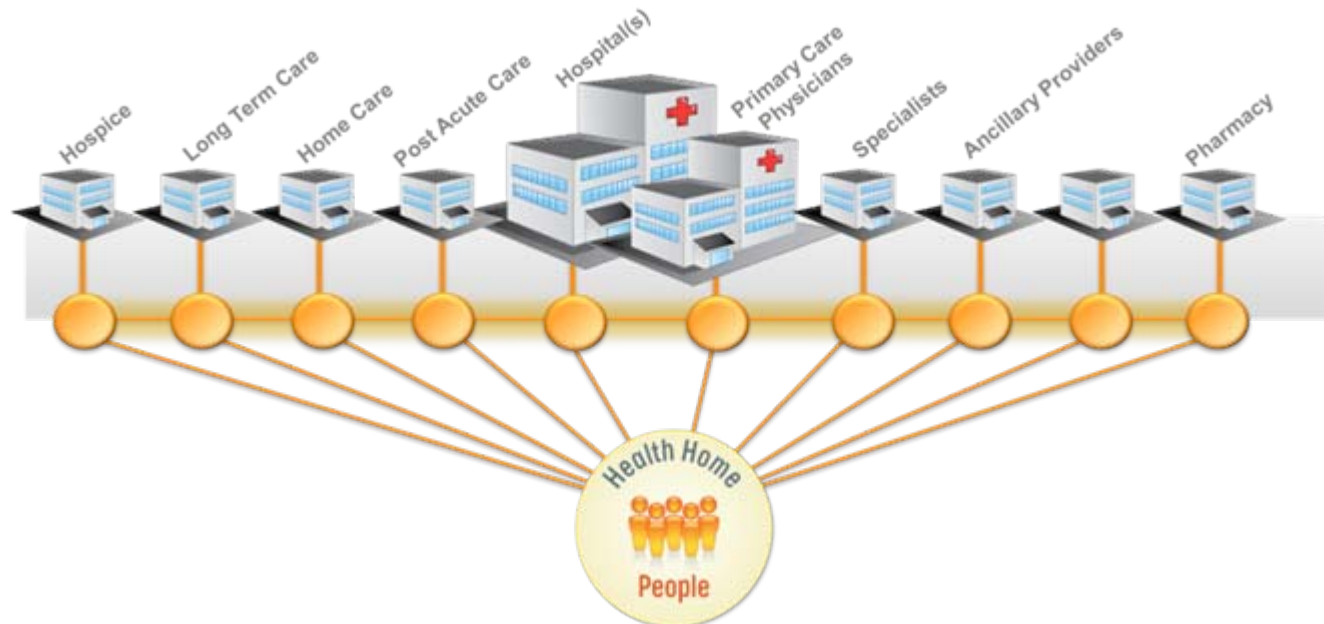


Lessons learned:

High value network development



- Owning vs. Contracting
- People Centeredness
- Coordinated Care Management
- Electronic Health Record (across the continuum)



Lessons learned:

Education / cultural transformation



- Accountable / Integrated Care Concepts (educate)
- Hospital vs. Population-Centric
- Physician-centric Culture
- Balance between Specialty and Primary Care



Lessons learned: *Payor partnerships*



- Which population segments are we going to target?
- What role should the payor play (care management, etc.)?
- What criteria should we use to evaluate potential payor partners?
- What are the important areas in contracting with a payor?
 - Transparency
 - Timely and comprehensive data
 - Shared savings
 - Care management role





Engineering the Care Delivery/Management Team Across the Continuum

Denise B. Prince, MBA, MPH

System Vice President, Value-Based Care

November 3, 2011

Partnering in the Accountable Care Organization

System of Care Coordination for Value

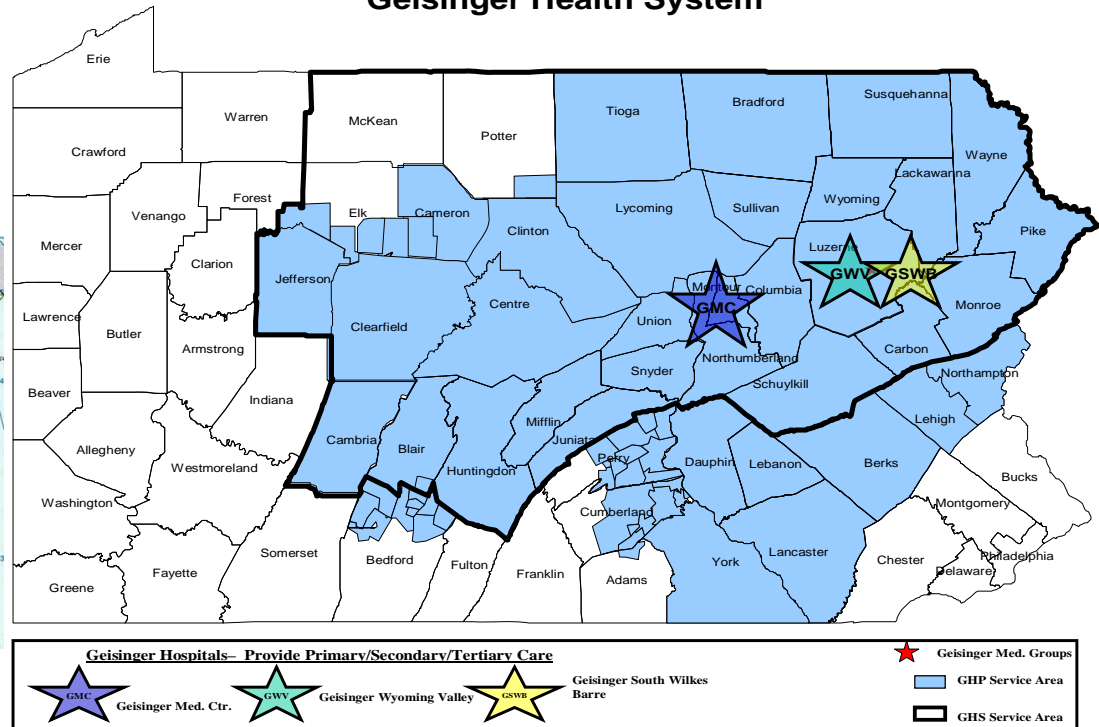


Intro to Geisinger

Geisinger, headquartered in Danville, PA, is an integrated health service organization serving central and northeastern Pennsylvania since 1915.



Geisinger Health System



Geisinger Background



Community Clinic Sites	37
Hospitals	3
Health Plan	~250,000 members
Employees	14,408
Physicians/Scientists	799
Nurses	2,914
Surgeries	35,464
Births	3,131
Beds	819
Revenues	\$2.7 Billion
LifeFlight® emergency aeromedical service	6 air ambulances



Stats June 30, 2011

Partnerships in Accountable Care

From the perspective of

- The Patient
- Primary Care Physician and Practice



Mrs. B



Dr. G

So Many Partners!

- Redesigned primary care team
- Insurer
- Hospitals
- Specialists
- Post Acute Providers
- Research
- Government



To Mrs. B, Getting Healthcare Services Used to Mean Seeing Her Doctor – One Partner



Mrs. B

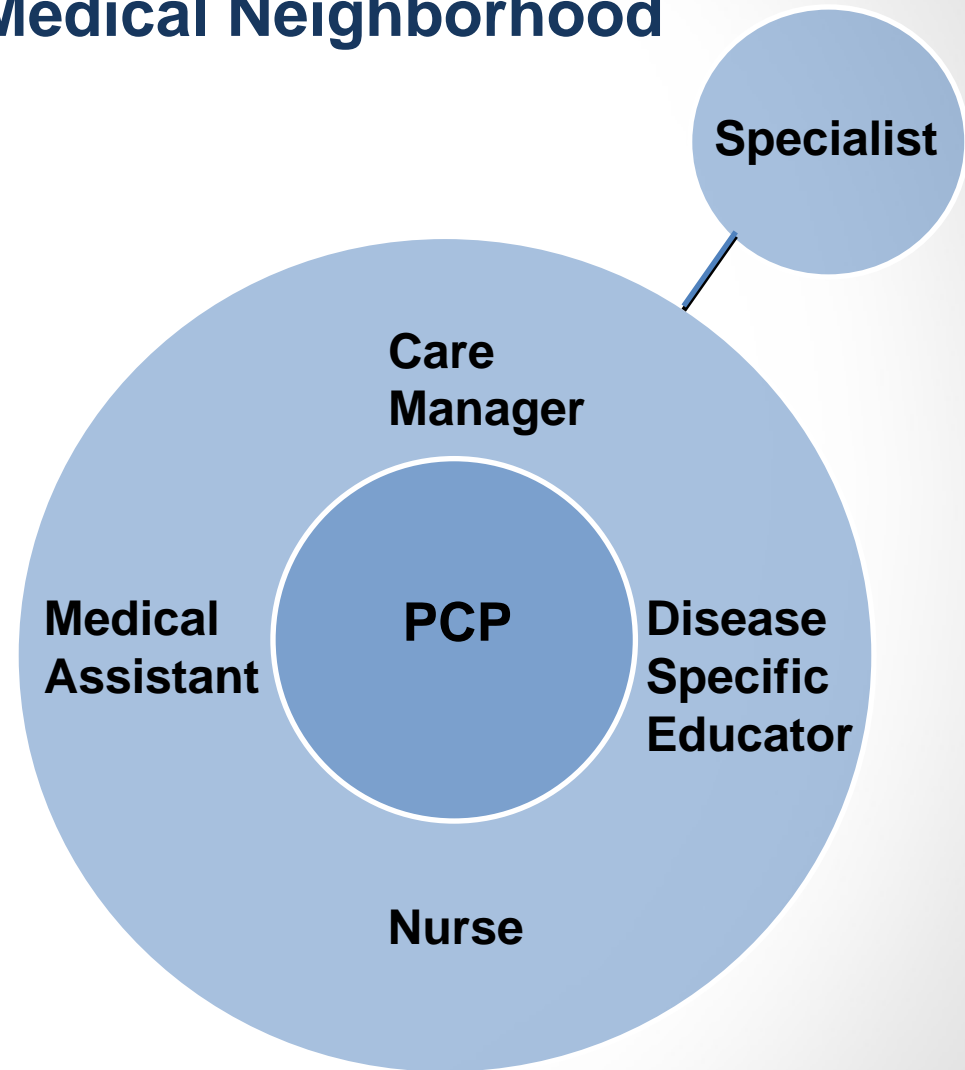


Dr. G, her PCP

In an ACO, Mrs. B Partners with a Team Enabled by Technology ~ Her Medical Neighborhood



Mrs. B



Mrs. B's Team Uses Technology to Help Her Stay Healthy Even Before She Steps into the Exam Room



Mrs. B

Access to her health record

- E-messaging
- Alerts
- Patient Education materials

Mail, phone interaction

- Birthday letter
- Interactive voice response

Technology in the PCP office

- Screenings
- Pre-visit health assessments
- Report cards

Telemedicine

- In-home monitoring (e.g. scale for CHF)

Mrs. B May Receive Alerts Through the Patient Portal


Your online health management tool

May 01, 2006, Maria Zasp

[Back](#)
[Home](#)
[Logout](#)
[Help](#)

Parent/Caregiver Access	Health Reminders	Printer Friendly Page																																								
View Other Records	<p>The following Health Reminders are recommended for people of your age, gender, and medical history. If the procedures and dates are different from what your doctor has discussed with you, please follow your doctor's recommendation.</p> <p>If you want to find previous dates that health reminders were completed, click date Last Done.</p>																																									
Health Record	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Schedule Name</th> <th style="text-align: left;">Due Date</th> <th style="text-align: left;">Status</th> <th style="text-align: left;">Last Done</th> </tr> </thead> <tbody> <tr> <td><input type="checkbox"/> DILATED EYE EXAM (PERFORMED BY AN EYE DOCTOR)</td> <td>03/06/1968</td> <td>Overdue</td> <td></td> </tr> <tr> <td><input type="checkbox"/> URINE MICROALBUMIN (URINE PROTEIN)</td> <td>03/06/1968</td> <td>Overdue</td> <td></td> </tr> <tr> <td><input type="checkbox"/> DIABETIC FOOT EXAM (AT LEAST EVERY 12 MONTHS)</td> <td>03/06/1968</td> <td>Overdue</td> <td></td> </tr> <tr> <td><input type="checkbox"/> PNEUMONIA SHOT (ONCE IN A LIFETIME, MINIMUM)</td> <td>03/06/1968</td> <td>Overdue</td> <td></td> </tr> <tr> <td><input type="checkbox"/> HEMOGLOBIN A1C (3 MONTH BLOOD SUGAR AVERAGE)</td> <td>03/06/1968</td> <td>Overdue</td> <td></td> </tr> <tr> <td>Mammogram-yearly, Ages 40-75</td> <td>07/07/2006</td> <td></td> <td>07/07/2005</td> </tr> <tr> <td>DILATED EYE EXAM (PERFORMED BY AN EYE DOCTOR)</td> <td>10/01/2006</td> <td></td> <td></td> </tr> <tr> <td>LDL CHOLESTEROL (BAD CHOLESTEROL)</td> <td>01/28/2007</td> <td></td> <td>01/28/2006</td> </tr> <tr> <td>Pap Smear (Every 2 Years)</td> <td>02/13/2008</td> <td></td> <td>02/13/2006</td> </tr> </tbody> </table>		Schedule Name	Due Date	Status	Last Done	<input type="checkbox"/> DILATED EYE EXAM (PERFORMED BY AN EYE DOCTOR)	03/06/1968	Overdue		<input type="checkbox"/> URINE MICROALBUMIN (URINE PROTEIN)	03/06/1968	Overdue		<input type="checkbox"/> DIABETIC FOOT EXAM (AT LEAST EVERY 12 MONTHS)	03/06/1968	Overdue		<input type="checkbox"/> PNEUMONIA SHOT (ONCE IN A LIFETIME, MINIMUM)	03/06/1968	Overdue		<input type="checkbox"/> HEMOGLOBIN A1C (3 MONTH BLOOD SUGAR AVERAGE)	03/06/1968	Overdue		Mammogram-yearly, Ages 40-75	07/07/2006		07/07/2005	DILATED EYE EXAM (PERFORMED BY AN EYE DOCTOR)	10/01/2006			LDL CHOLESTEROL (BAD CHOLESTEROL)	01/28/2007		01/28/2006	Pap Smear (Every 2 Years)	02/13/2008		02/13/2006
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Messaging	<p>To request an appointment for one of the procedures listed above, check in the schedule column and click Schedule.</p>																																									
Messages Received	<div style="border: 1px solid #ccc; padding: 5px; margin-top: 10px;"> <p>My Notes:</p> <p>Add/Edit</p> </div>																																									
Letters Received																																										
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Renew Medications																																										
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Non-Medical Message																																										
Appointments																																										
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Request Appt																																										
View/Cancel Appt																																										
Update Info																																										
My Info/Change Address																																										
Change Email																																										

Mrs. B is Asked for Information to Inform Her Care Plan

Patient data capture

- Patient reported outcomes
- Treatment adherence
- Preferences

Process

- Completed in exam room
- Help button linked to instant messaging
- Status indicator

Uses

- Actionable data
- Guideline rules applied to data
- Visual display of advice
- Shared decision making
- Post-exam messaging

- Why are you here?
- What do you have?
- What do you want?
- How are you doing?
- What are you taking?
- How is your medicine working?
- What are your risk factors?
- What are your barriers to improving outcomes?
- ... and the list goes on.



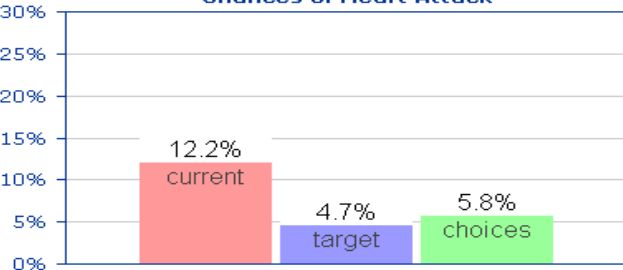
Mrs. B Completes E-forms Specific to Her Situation

How do you want to lower your blood pressure ?

Your blood pressure may be higher than normal. Lower your blood pressure and improve your health by reducing your salt intake and increasing physical activity.

Choose up to 3 ways to lower your blood pressure. As you choose, the green bar will show you the benefit.

Chances of Heart Attack



You currently have a **1 in 8** chance of a heart attack in the next 10 years.

The good news is, you could get your risk down to **1 in 21**

<input checked="" type="checkbox"/>	I want to take medication (one or more) to lower my blood pressure.
<input checked="" type="checkbox"/>	I would like to see a dietician to help me lower my blood pressure.
<input type="checkbox"/>	I want to lower my blood pressure with a low fat diet that is high in fruits and vegetables.
<input type="checkbox"/>	I want to lower my blood pressure with a low salt diet.
<input checked="" type="checkbox"/>	I would like to exercise to lower my blood pressure.
<input type="checkbox"/>	I want to use one-on-one counseling to lower my blood pressure.
<input type="checkbox"/>	I want to monitor my blood pressure at home.
<input type="checkbox"/>	I want to use one-on-one Internet coaching.
<input type="checkbox"/>	I do not want to do anything.

Mrs. B Receives “Take Home” Education

Patient JOHN DOE	Age 57	Sex M	MRN 9876543	Insurance Geisinger Health Plan	PCP YOUNG, DARA	Today's Date 9/29/2009
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OUTCOMES GENERAL	OUTCOMES COMPOSITE	MONITORING	DEMOGRAPHICS	BEST PRACTICE	TODAYS VISIT CONSTRUCTION	TODAYS VISIT NOTE	TODAYS VISIT AVS
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RHEUMATOLOGY FOLLOW-UP VISIT SUMMARY For: John Doe

During my visit to the Geisinger Rheumatology Clinic on 9/29/2009, I saw Natasha Smith, RN. This note summarizes my rheumatic problems and how I am doing.

What Do I Have?

My medical record indicates that I have the following rheumatic conditions:

Rheumatoid Arthritis, or A chronic immune disease causing inflamed joints, and possibly affecting other body systems

Osteoporosis, or A disease of decreased bone strength and increased risk of fracture.

How Am I Doing?

We decide whether you are getting better by the measures summarized below that we decided were most important to you.

MHAQ - The MHAQ score tells me how well I am able to move and do my daily functions. This score ranges from a low of 0 to a high of 10. A value of 0 means I am doing very well. A value of 10 means I am functioning poorly.

Score Range: 0 to 10

My Goal: 1

My Score on 9/29/2009: 0.33

My Score on 5/1/2009: 0.33

Interpretation: My function score is about the same

Goal Met: yes

Pain - The Pain score tells me how much pain I am having. This score ranges from a low of 0 to a high of 10. A value of 0 means I am having no pain. A value of 10 means I am having a lot of pain.

Score Range: 0 to 10

My Goal: 3

My Score on 9/29/2009: 2

My Score on 5/1/2009: 3

Interpretation: My pain score is getting better

Goal Met: yes

What Should I Do?



Mrs. B Receives “Take Home” Information

Last 2-3 values displayed

LDL values and goals

Last BP readings

Personal Diabetic Report Card: Abigail L George
4/28/2006

Below is a summary of relevant Diabetes values that we feel could help you manage your health better. Feel free to discuss this with your care provider.

HEMOGLOBIN A1C

Your most recent Hemoglobin A1c values are:

HEMOGLOBIN, A1C(%)		Value	Status
Coll	Dt/Tm	Resulted	
3/2/06	11:23A	3/2/06	6.6* FINAL
11/21/05	4:21P	11/22/05	8.7* FINAL

The above values should be **LESS than 7 (<7)**. If these are more than 7 then you have a higher chance of having eye, kidney, and heart problems in the future.

CHOLESTEROL

Your most recent LDL cholesterol (bad cholesterol) results are:

LDL (CALCULATED)(mg/dL)		Value	Status
Coll	Dt/Tm	Resulted	
11/15/05	8:20A	11/15/05	110 FINAL

The above values should be **LESS than 100 (<100)**. If these are consistently higher than 100, then your chance for heart attack and stroke increases yearly.

BLOOD PRESSURE

Your most recent Blood Pressure readings are:

Last 3 BP Readings:	
Date:	BP:
04/28/2006	100/60
04/25/2006	140/80
03/02/2006	124/80

The above values should be **LESS than 130/80**. Contact me if your readings at home are consistently higher than this.

Mrs. B May Have Technology at Home



When Mrs. B Visits Dr. G, a Whole Team of Health Care Partners Support Her Care



Some partners are visible to her, some are not

Partnering at the PCP Office



Dr. G

- Automate work that can be done outside of an office encounter
- Distribute work that is done at an office visit to trained non-physician staff when possible
- Create reminders and EMR tools to enhance the reliability and efficiency of care provided at the office encounter

Practice Partner: Medical Assistant / Nurse



- Educates about available tools – EHR
- Gathers data for visit
 - Medications
 - Heights / weights
- Implements standard protocols
 - Lab tests
 - Immunizations
 - Foot exam

Nurse Rooming Tool

BestPractice Alerts

Nurse

Chief Complaint

Episodes

Vitals

Allergies

Med. List

Rooming Tool

BestPractice

Nursing Notes

Orders

Diagnoses

Orders

Provider

Progress Notes

Rooming Tool - Nurse Rooming Tool (SHIFT+F6 to enter comments)

Encounter: VISIT 4/9/10
Date: 04/09/2010

Questions

Patient Identified by Name and DOB?

Tobacco History Verified?

Patient Provided with Tobacco use Cessation Education?

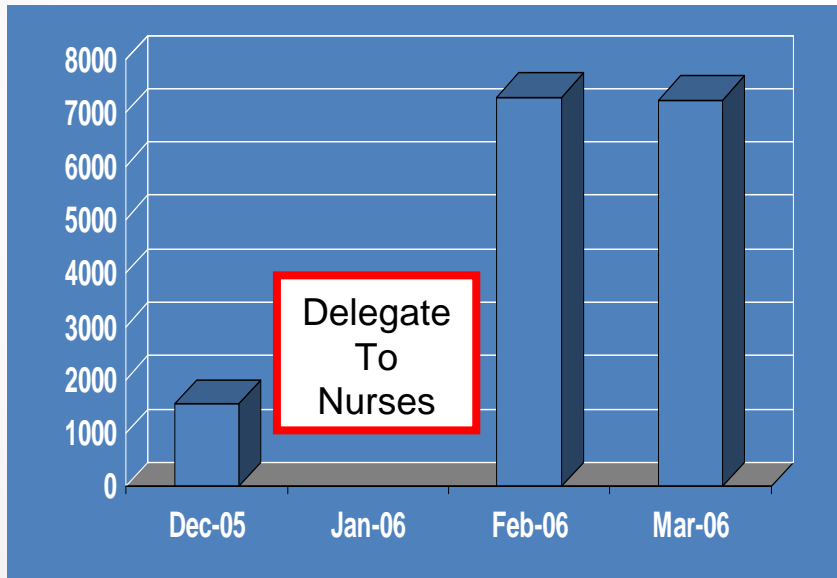
Med List Updated?

MyGeisinger Offered and Activation Letter Printed?

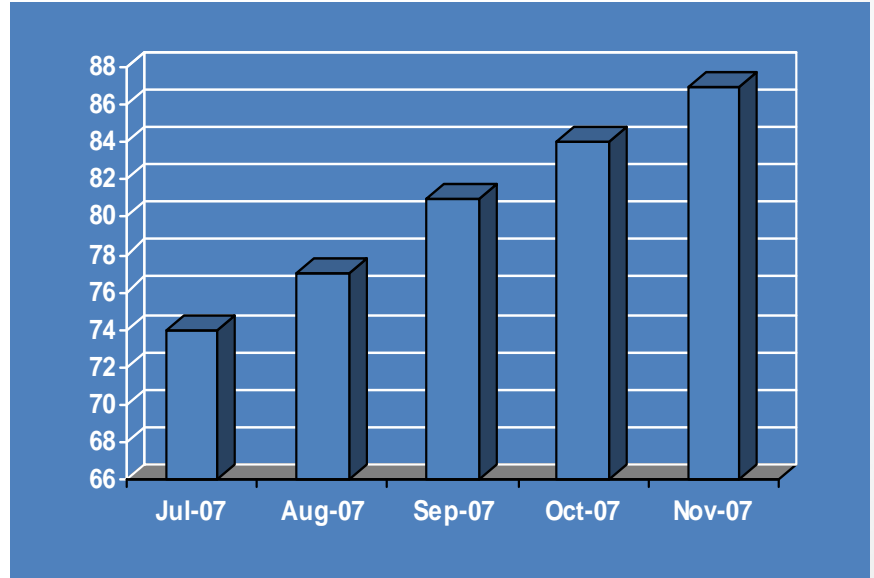
Restore Close F9 Cancel Previous F7 Next F8

Nurse Rooming Tool Improvements

MyG Enrollments



Urine Microalbumin



Practice Partner: RN Care Manager



- Provides a personal link to the health care system
- Part of the primary care practice team

A Key Primary Care Practice Partner: Embedded Case Management

Personal Care Link	Embedded Case Manager	Recognized Team Member
Comprehensive Care Review – medical, social support	<ul style="list-style-type: none"> • High risk patient case load • 15 - 20% Medicare • 5% commercial • 125 - 150 pts per CM 	Regular follow-up of high risk patients
TOC follow-up – acute care, SNF, ED	<ul style="list-style-type: none"> • 1 CM per 800 Medicare lives • 1 CM per 5000 commercial lives 	Facilitates access – PCP, specialist, ancillary
Direct phone access – questions, exacerbation protocols	<ul style="list-style-type: none"> • Not disease management focused • Focus on those at most risk • Focus on driving issue within the case 	Facilitate special arrangements – home care, hospice, AAA
Patient, family support contact		Links health care team to payer

Dr. G's Practice Works Closely with Partners from IT

- Integrated visual display tools
- Decision support
 - Health Maintenance Alerts
 - Best Practice Alerts
- Patient registries
 - Identify Care Gaps
 - Report on progress
- Health Information Exchange



Tools: Working with Outcomes Research, Better Visual Displays Help Physicians be More Productive

Patient JOHN DOE **Age** 57 **Sex** M **MRN** 9876543 **Insurance** Geisinger Health Plan **PCP** YOUNG, DARA **Today's Date** 9/29/2008

OUTCOMES GENERAL
OUTCOMES COMPOSITE
MONITORING
DEMOGRAPHICS
BEST PRACTICE
TODAYS VISIT CONSTRUCTION
TODAYS VISIT NOTE
TODAYS VISIT AVS

Diagnosis

Rheumatic

Rheumatic	Date of DX	Duration
733.00	05/13/2002	7.3 years
Osteoporosis		
714.0	03/07/2000	9.5 years
Rheumatoid Arthritis		

Medication

Current Meds Rheumatic

- Humira
- MTX Oral (dose in 2.5 mg)
- Prednisone

Current Meds Other

- ASPIRIN 81 MG PO TABS
- BD ULTRA-FINE LANCETS MISC
- FASTTAKE TEST VI STRP
- FOLIC ACID 1 MG PO TABS
- GLIMEPIRIDE 4 MG PO TABS

Previous DMARDs

History

Med/Surg History

GI Bleed/PUD	no
Renal Insufficiency	no
Malignancy	no
Joint Replacement	no
Gastric Bypass	no

Social History

Work Status:	retired
Occupation:	former plant engineer
Home Status:	Spouse
Exercise:	1-2 times per week
Education Level:	14
ETOH:	No
Smoking:	Quit

Safety

Yes No

Date: 03/07/2000

RF: 214

Nodules: Yes

Rheumatic Labs - Immune

Test	Result	Result Date
ANA	<40	02/01/2000

Xrays and Ancillary Tests

Test	ResultDate
CXR	02/23/2000

Disparate EHR data displayed in a single, actionable view



Tools: Disease Management Alerts

Epic Hyperspace - FAM PRAC BELLEFONTE - GHS Production - DAVID KEITH BUTLER

Desktop Action Options Reports Tools Help

Back Forward Home Sched In Basket Send Msg Review Encounter Tel Enc Hospital Chart Pt Lists Secure/Stay Print Secure

Home

Age Sex DOB MRN Allergies PCP Alert INS MyGeisinger
 46 yea F 2/22/1960 No Known Allergies BUTLER, DAV* **HM, AlertPENNA M A I*** Sign Up

Chart Review Health Maintenance Close X

SnapShot Override Cancel Change HM Plan Report

Results Review

Flowsheets

Graphs

Problem List

History

Letters

Demographics

Doc Flowsheets

Growth Chart

Allergies

Medications

Order Entry

	Due Date	Procedure	Date Satisfied	Date Satisfied	Date Satisfied
➔	02/22/1978	DIABETES-PNEUMONIA VACCINE			
	11/28/2006	DIABETES-EYE EXAM	11/28/2005		
	11/14/2006	DIABETES-FLU VACCINE, YEARLY	11/14/2005		
	03/02/2007	DIABETES-FOOT EXAM	03/02/2006		
	09/02/2006	DIABETES-HGBA1C EVERY 6 MONTHS	03/02/2006	11/22/2005	02/23/1997
	11/15/2006	DIABETES-LDL EVERY 12 MONTHS	11/15/2005		
	11/28/2006	DIABETES-URINE MICROALBUMIN EVERY 12 M	11/28/2005		
	10/28/2006	MAMMOGRAM-YEARLY, AGES 40-75	10/28/2005-DONE E		
	11/21/2006	PAP SMEAR, YEARLY	11/21/2005		

Tools: Clinical Decision Support

Supporting Data		
Diabetes, Mary		
Pt chose [x] treatment options. The [y] most preferred are displayed.		
Risk Factor	Best Practice Recommendations	Pt Preferences
BP	HTN not controlled. Pt on beta blocker. Recommendation: Increase dose of beta blocker (if less than maximal) or consider beginning HCTZ 12.5 mg daily, lisinopril 10 mg daily, or amlodipne 5 mg daily.	[Medication]
LDL		
Smoker	Smokes 10 or more cigarettes/day. Recommendation: Add Nicotine Therapy. Consider either wellbutrin or varenicline	
BMI	The patient has a BMI > 40. Recommendations: Offer Xenical, Meridia or Phentermine Rx. Refer to dietician.	[Exercise]
Alcohol (daily average)	The patient has "problem drinking" defined as frequently having more than the threshold number of drinks at one sitting. Recommendations: Consider CBC and LFTs, Thiamine 100 mg daily and Folic Acid 1 mg daily. Offer referral to community resources for alcohol treatment.	
Aspirin Use	No documentation of daily aspirin. Recommendation: Order one aspirin daily (no known allergy). Educate patient: aspirin and risk reduction value.	
Diabetes	Patient's A1c is very high. Verify adherence with medications. Consider Metformin dose increase (Metformin contraindications) . If current dose is 2550 mg/day (max) consider adding insulin. Reassess A1c q 3 months.	[Medication]



Tools: Care Plans

Patient Data	eLowBack, Mary		RECOMMENDED CARE PLAN		ADF
	<p>The patient is concerned that their back pain means they damaged their back, will interfere with their ability to exercise and these concerns should be discussed. The patient should be reassured that at this time there does not appear to be any problems with muscles, vertebrae, or nerves. The back pain may have been caused by overuse or strain and this should improve with proper care. Back pain can cause some patients to worry. Reassure that there is not a serious problem. It may be useful to schedule a follow up visit to make sure nothing is missed. The patient is not taking enough pain medication. This may be because they think OTCs are harmful. Inquire about concerns. Emphasize that medications like ibuprofen reduce pain and inflammation. If the inflammation is not reduced it will continue to cause pain. Patient may worry that movement is going to make the back pain worse or cause damage. If the pain is extreme, patient may want to avoid positions and activities that are a cause. Staying active will usually make the back pain get better.</p>				
Physical Exam					
Recommended Care	Patient Instructions:				
Progress Note	Ordering Recommendations		Guideline Recommendation	Relevant Patient Data	
	MEDICATIONS				
	<input type="checkbox"/> Aleve 220 mg po q 12 hours [35290] 1-2 tablets every 12 hours as needed		NSAID is recommended for back pain lasting less than 6 weeks.	LBP less than 6 weeks; Nonspecific LBP; Patient is not using enough OTC and has concerns. Opioids are not recommended for non-specific back pain, do not reduce inflammation. Use may reduce activity level.	
	<input checked="" type="checkbox"/> Ibuprofen (Motrin) 600 mg q 6 hr [10519] 1 by mouth every 6 hours with food, Disp-58 Tab, R-1, Normal				
IMAGING ORDERS					
			Imaging is not recommended for non-specific LBP that will usually goes away with activity and proper use of NSAIDs. A follow-up visit may help to ensure that pain level declines as expected.		
REFERRALS					
<input type="checkbox"/> SPINE REHAB MED REFERRAL OP		Spine Rehab, Pain Therapy, or PT is recommended for significant limitation of functional activities.			
<input type="checkbox"/> PAIN THERAPY REFERRAL OP					
<input checked="" type="checkbox"/> PHYSICAL THERAPY REFERRAL OP					
Push once to submit orders to Epic					

Tools for Population Health Management ~ Improving Preventative Care for 214,117

	11/07	12/10
Adult Preventive Bundle	9.2%	29%
Breast Cancer Screening (q 2 40-49, q 1 50-74)	46%	62%
Cervical Cancer Screening (q 3 yr Age 21-64)	64%	72%
Colon Cancer Screening (Age 50-84)	44%	65%
Prostate Cancer Discussion (Age 50-74)	72%	76%
Lipid Screening (Every 5 yr M > 35, F > 45)	75%	86%
Diabetes Screening (Every 3 yr > 45)	85%	88%
Obesity Screening (BMI in Epic)	77%	96%
Documented Non-Smokers	75%	78%
Tetanus Diphtheria Immunization (every 10 yr)	35%	69%
Pneumococcal Immunization (Once Age >65)	84%	87%
Influenza Immunization (Yearly Age >50)	47%	56%
Chlamydia Screening (Yearly Age 18-25)	22%	35%
Osteoporosis Screening (every 3 yr Age > 65)	52%	73%
Alcohol Intake Assessment	84%	89%

Partnerships with Other Care Providers

- Hospitals
- Specialists
- Post-acute providers

Hospitals as Key ACO Partners

- Efficiently & effectively manage the acute care episode
- Accept accountability for care transitions
 - ED
 - Post-discharge
 - Pre-surgical
- Participate in HIE



Hospitals Must Optimize Transitions of Care

Proven Transitions® Pathway



Welcome to Discharge! Your Care Team has developed your Plan of Care



Efficient Specialists: Key ACO Partners

- Help PCPs
 - Know when to refer
 - How to manage low acuity patients
- Manage complex patients
 - Communicate with PCPs / Medical Home Care Managers
 - Be attentive to resource utilization
 - ED visits
 - Admissions
 - Diagnostic tests
 - Acknowledge and help address end of life issues
 - Patient communications
 - Palliative care
- Link in with available IT and technology tools
 - Home monitoring
 - Patient registries / population management
 - HIE



Key Partnering Opportunity: The Skilled Nursing Facility

Current state of care in nursing homes

- Skilled: 1 in 3 patients are readmitted back to acute care
- LTC: Average 2-4 hospital admissions annually
- Opportunities exist to improve quality – wounds, falls, infection, pain, etc
- End of life poorly managed
- Mandatory 3 day acute care stay



Creating a New SNF Delivery Model is Critical

- Daily presence of an advanced practitioner
- Focus on care redesign
 - Eliminate acute care stay need
 - Medication reconciliation
 - Earlier identification of acute exacerbations
 - Prevention focus – good skin care, I's & O's, fall prevention
 - Enhanced connectivity to case manager & primary care team for discharge planning



Redesigning care in the Nursing Home as we have done in Primary Care

Geisinger's Early Results for Nursing Homes Look Promising

Nursing Home	Baseline Readmissions 2008	PY 1 Readmissions 2009	Reduction
Nursing Home A	34%	18.5%	- 45.5%
Nursing Home B	18.5%	14.5%	- 21.6%
Nursing Home C	27%	9%	- 66.6%
Nursing Home D	44%	33%	- 25%
Nursing Home E	42.5%	31%	- 27%
Nursing Home F	27.5%	24%	- 12.7%

Partnerships with All Care Providers

Need to synchronize communications and care plans with:

- Home Health nurses, therapists
- Other post-acute providers – rehab hospitals, LTACHs
- Pharmacists
- Caregivers in other residential / outpatient settings
- Dialysis visits
 - Group homes
 - Outpatient therapists

The Primary Care Practice / Insurer Partnership: Each Party Doing What it Does Best

Insurer

- Population analysis
- Align reimbursement
- Finance care
- Engage member and employer
- Report population outcomes
- Take to market

Primary Care Provider

- Identify best practice
- Design systems of care
- Educate patient and family
- Deliver care
- Report patient outcomes
- Continually improve

The Insurance Partner Enables Population Management

Components	Core Activities
Population Segmentation	Predictive modeling Risk stratification
Health Promotion	Preventive care & Screenings
Disease Management	Self-management education Medication management
Case Management	Care coordination Exacerbation management TOC Tele-monitoring
Pharmacy Management	Gap Coverage Brand vs. generic

Insurers Report Results

Commercial Quality Compass Results 2010	National 90 th Percentile	GHP	Geisinger Clinic Rates
Childhood Immunizations Combined Rate #2	84.26 %	92.46%	92.96%
Appropriate Treatment of URI	92.18%	96.78%	98.56%
Breast CA Screening	77.76%	80.14%	86.94%
Cervical CA Screening	81.58%	82.68%	86.13%
Colorectal CA Screening	69.9%	67.01%	77.43%
Adult BMI Assessment	69.59%	69.85%	81.90%
Physical Activity Counseling	62.29%	73.44%	75.24%
Persistence of Beta Blocker Treatment	83.83%	100%	100%
Controlling High Blood Pressure	72.68%	74.58%	83.8%
HbA1c Poor Control (>9.0%) - Lower is better	19.16%	19.2%	17.24%
HbA1c < 8.0%	70.17%	70.2%	72.07%
Kidney Disease Monitored	88.27%	89.58%	92.76%
F/u Care for ADHD Initiation	44.57%	47.86%	57.14%
Spirometry Testing - COPD	48.12%	49.29%	53.17%

Other Partners

- **Administrative Partners**
- **Health Information Exchanges**
- **Research**

Conclusion: There are Many Partners Across the Continuum of Care That Work Together to Keep Mrs. B Healthy



Discussion and Questions

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