



Indonesia Community Care for Schizophrenia (KPSI)

Activity & Program

by

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Started with a small group



KPSI

<https://www.facebook.com/#!/groups/skizofrenia/>

- Since 2001 mailing list in yahoogroups.com
- Moved to facebook in 2009 and grow fast about 8400 members per August 2013
- Local chapter Jakarta, Yogyakarta, Malang, Bandung, Surabaya, Solo, Medan, Jember, Palembang, Bogor, Padang = 11 cities
- 2 office secretariate = Jakarta, Yogyakarta

Our Focus

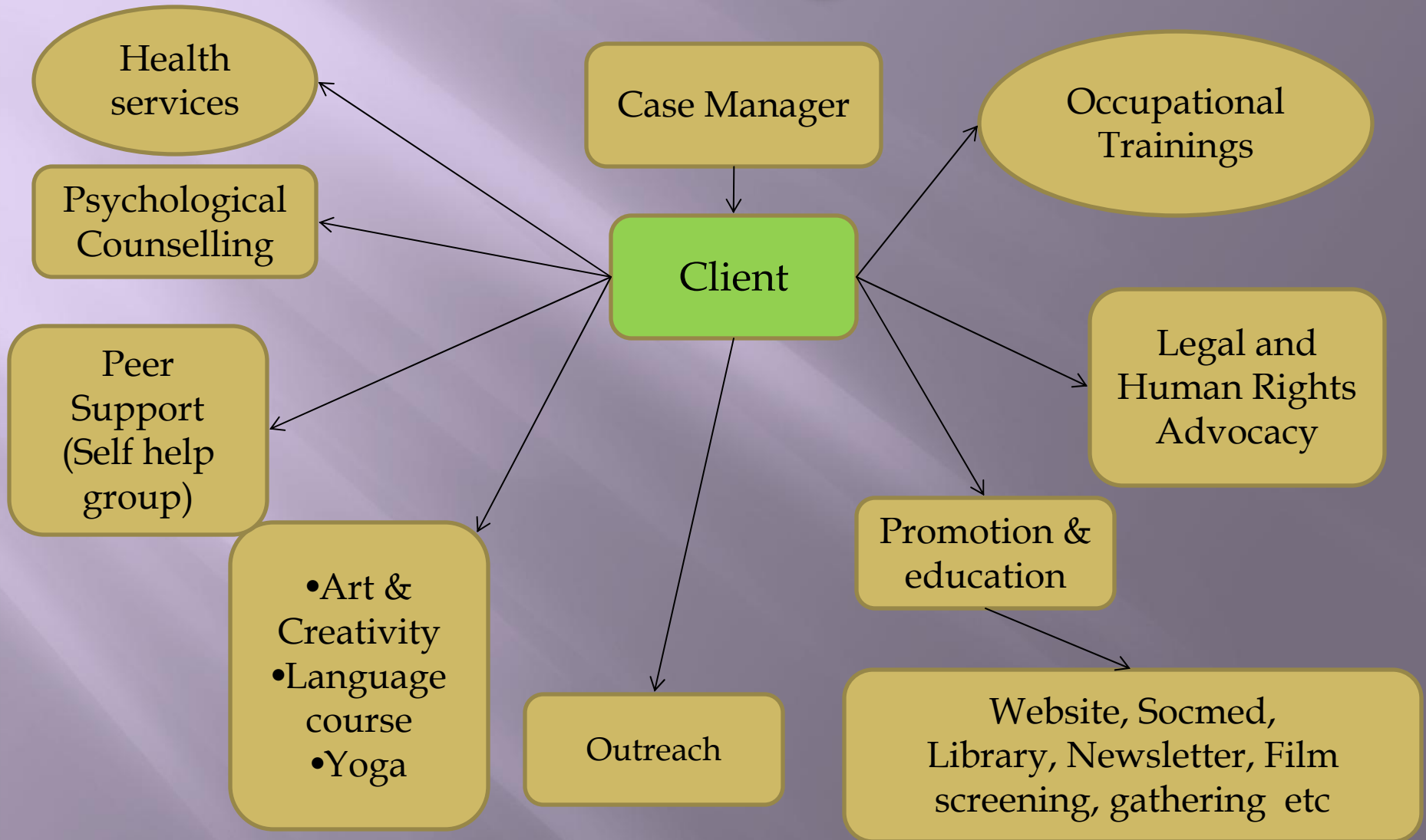
- ▣ Consumer Group
- ▣ Psychosocial Rehabilitation
- ▣ Evidence based approach
- ▣ Promotion and Education
- ▣ Club house
- ▣ Research

Programs

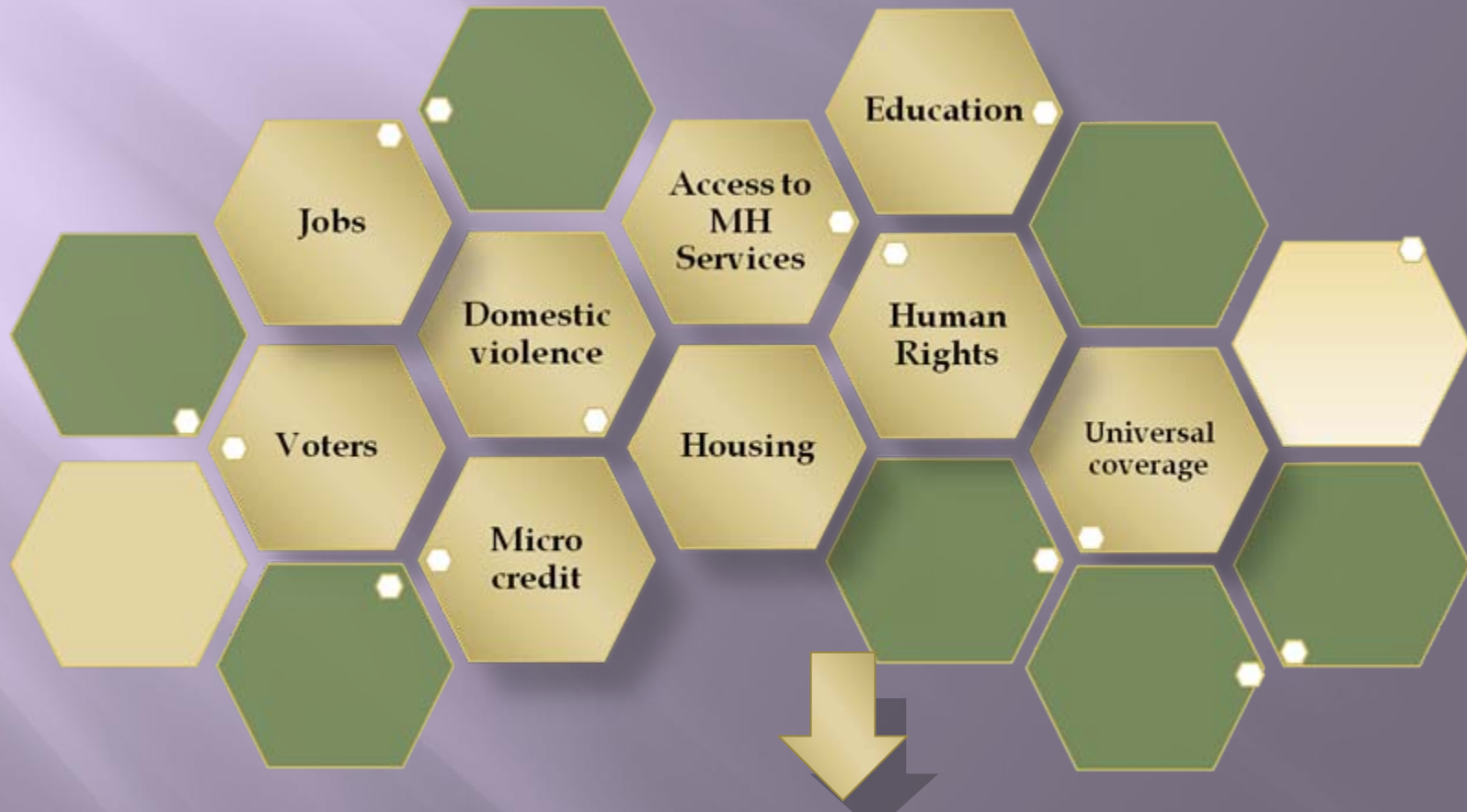
- Members and volunteer Database
- Hotline KPSI
- Peer Support Group
- Art & creativity Class
- Psychological Counseling
- Family Psycho education
- Outreach
- Entrepreneurship

- Legal and Human Rights advocacy
- Workshop and Training
- Website – www.peduliskizofrenia.org
- Quarterly Newsletter
- Film Screening
- Outbound and recreation
- Mental Health Library
- Publishing
- Documentary film
- Art Gallery and Charity Shop

Case Management



Current Problems



Discrimination and negative stereotyping to people with mental illness

Legal and Human Rights Advocacy



Policy and Budget
Advocacy



Legal and Human
Rights
Empowerment

Strengthening Supply

Policy
without
discrimination

Budget
without
discrimination

Improving
Awareness for
Policy makers
about MH
Consumers
situation

Strategic
management
and
improving
public
services

Strengthening Demand



Improving
Human
Rights
awareness

Accepting
public
complaint
and
management

Strengthening
communication and media
strategy for
Human
Rights
Awareness

Opportunity

- ▣ **Effective promotion and education**

Social media and website is a bridge to real empowering activities in the real world

- ▣ **Success stories**

Finding recovery success stories. Encourage people to speak out. Provide support.

- ▣ **Multiplying effect**

We want to have 1 secretariat in each province. Better access to mental health information.

- ▣ **Long term support for patient**

There is a place where families can find long term support for their problems.
Connecting people from the same community.

- ▣ **Pressure group to government and House of Representatives**

By having real member database and documentation of our activities, we have a better bargaining position to the policy makers

Art & creativity class

- Dr. Trijata Suprabanindya - KPSI Jakarta
Art Lecturer Universitas Negeri Jakarta



Psychoeducation

dr. Tika prasetiawati SpKj – KPSI Yogyakarta



Self Help Group (Peer Support)



Psychological First Aid Training

Mrs. Dinarti Nursing Faculty University of Indonesia



Stress Management Training

Mrs. Herni Susanti - Nursing Faculty University of Indonesia



Yoga



Entrepreneurship: Kantin Kita



KPSI Jakarta





KPSI Jakarta

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Thank You