

P4P Success Story- MN BTE

Barry Bershow, M.D.
Medical Director Quality & Informatics
Fairview Health Services (Minneapolis)
bbersho1@fairview.org
612.672.2022

Fairview Health Services

- *20,000 Employers*
- *7 Hospitals*
- *31 Primary care clinics- 300 physicians*
- *28 Specialty clinics*
- *24 Institute for Athletic Medicine locations*
- *5 Urgent care centers*
- *5 Fairview Hand Center locations*
- *8 Orthotics & prosthetics clinics*
- *8 Fairview Counseling Centers*
- *20 Senior housing facilities*
- *5 long-term care facilities*
- *24 Retail pharmacies*



Two Level View

1. Influence across the state since 1st awards in 2006
2. Influence within a delivery system

Difference in Lake Wobegon

- State participation starting 2007, both Department of Employee Relations (DOER) and state Medicaid program. Added many lives to BTE and really helped it gather respect and attention
- Data collection having the trust of the medical community- MNCM
- Granular level reporting capability due to DDS
- Skipped right over the POL step due to the penetration of EMR's in the state already

Alignment of Initiatives

- Starting to be agreement around common measures in the state and a common data set to support this.
- BCBS (with one small exception in 2008) agrees to use the same data definitions as BTE/MNCM

Culture of Quality in the state

- One group submitted data for diabetes and asked to be reported publicly even though their percentage of patients in optimal control was zero
- MN not interested in working with NCQA thresholds because we felt they weren't high enough
- Roll-up pass rules are very difficult to achieve, which is why we like them



MNCommunity
MEASUREMENT®

2007

Health Care Quality Report

Presented November 1, 2007

MN Community Measurement Overview

- Improving health through public reporting
- A community effort of providers, purchasers and health plans
 - Report results on health care quality measures
 - Provide information for consumers to make better health care decisions
 - Provide information to help providers improve care
 - Increase efficiency of reporting

BTE/MNCM

Direct Data Submission Pilot

- Optimal Diabetes Care measure
 - Bridges to Excellence recognition in June 2007
 - Posted on Web site in July 2007
- Optimal CAD Care measure
 - Data collection complete, validation underway
 - Bridges to Excellence recognition in Dec. 2007
 - Posted on Web site in Jan. 2008

BTE/MNCM


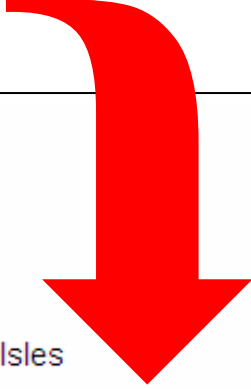
Direct Data Submission Benefits

- **Efficient**
 - Aligned methods to meet multiple needs
- **Useful**
 - More representative data
 - Shorter reporting cycle better supports QI cycles & puts reward closer to performance
 - Clinic-level reporting better supports consumer decision-making & brings rewards to those deserving

Year in Review

Engaging Consumers

Example: Enables consumers to compare clinics by geography



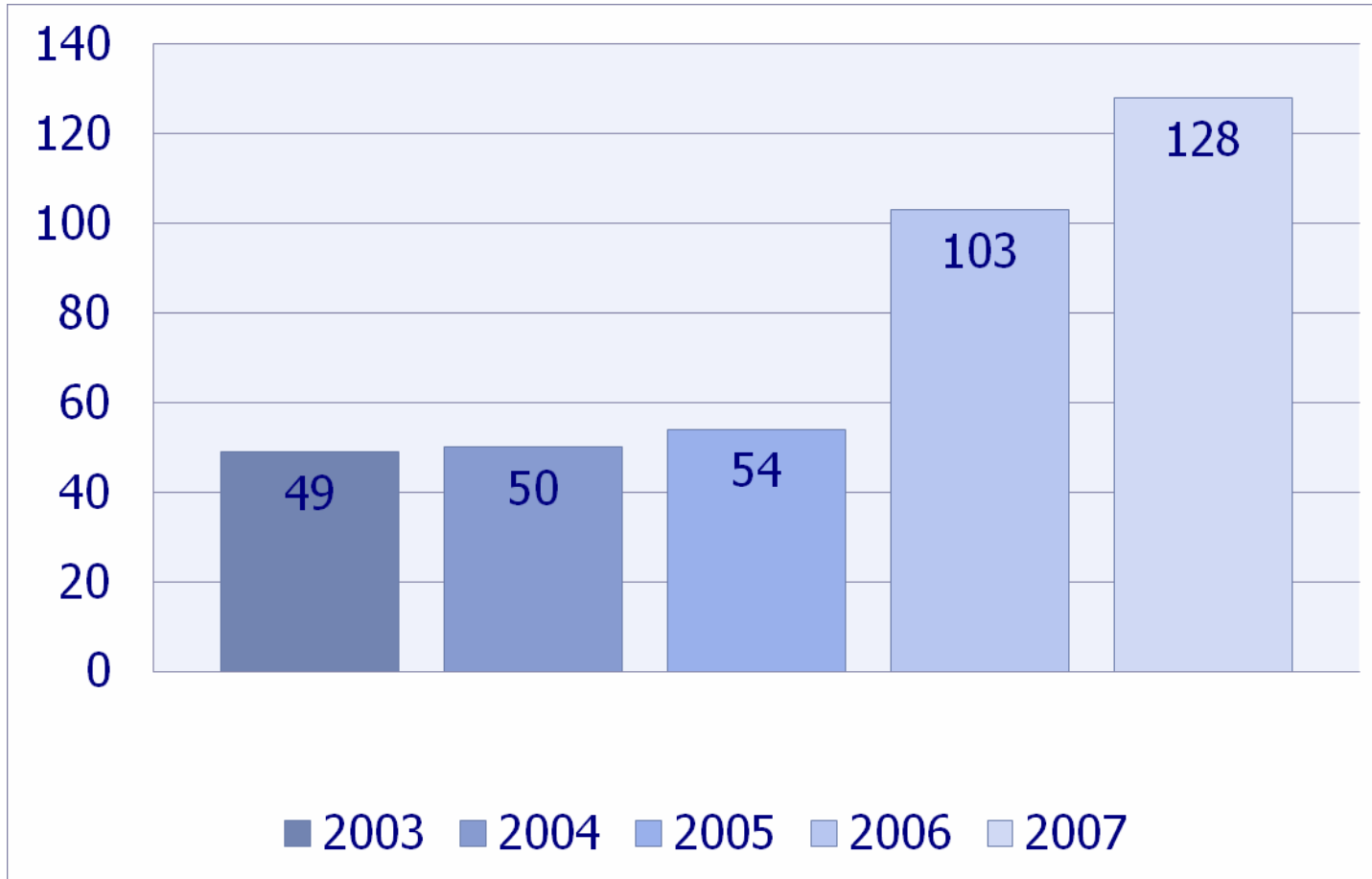
Diabetes		
Clinic Site	Rating*	Rate
AALFA Family Clinic	▲ above	30%
Allina Medical Clinic - Isles	● average	16%
Allina Medical Clinic - Litchfield	▼ below	11%
Allina Medical Clinic - Maple Grove	▲ above	18%
Park Nicollet Health Services - Maple Grove	▼ below	11%
Park Nicollet Health Services - Minnetonka	▲ above	23%
Park Nicollet Health Services - Prairie Center	▲ above	25%
Southdale Internal Medicine	▲ above	31%

Methodology

Direct Data Submission

- Medical groups submit data on patient results using MNCM specifications
- Data must be submitted on all sites of care, patients attributed to sites by the medical group
- Samples can be used, but whole populations preferred
- Results audited by MNCM staff
- Only model eligible for BTE rewards in 2008

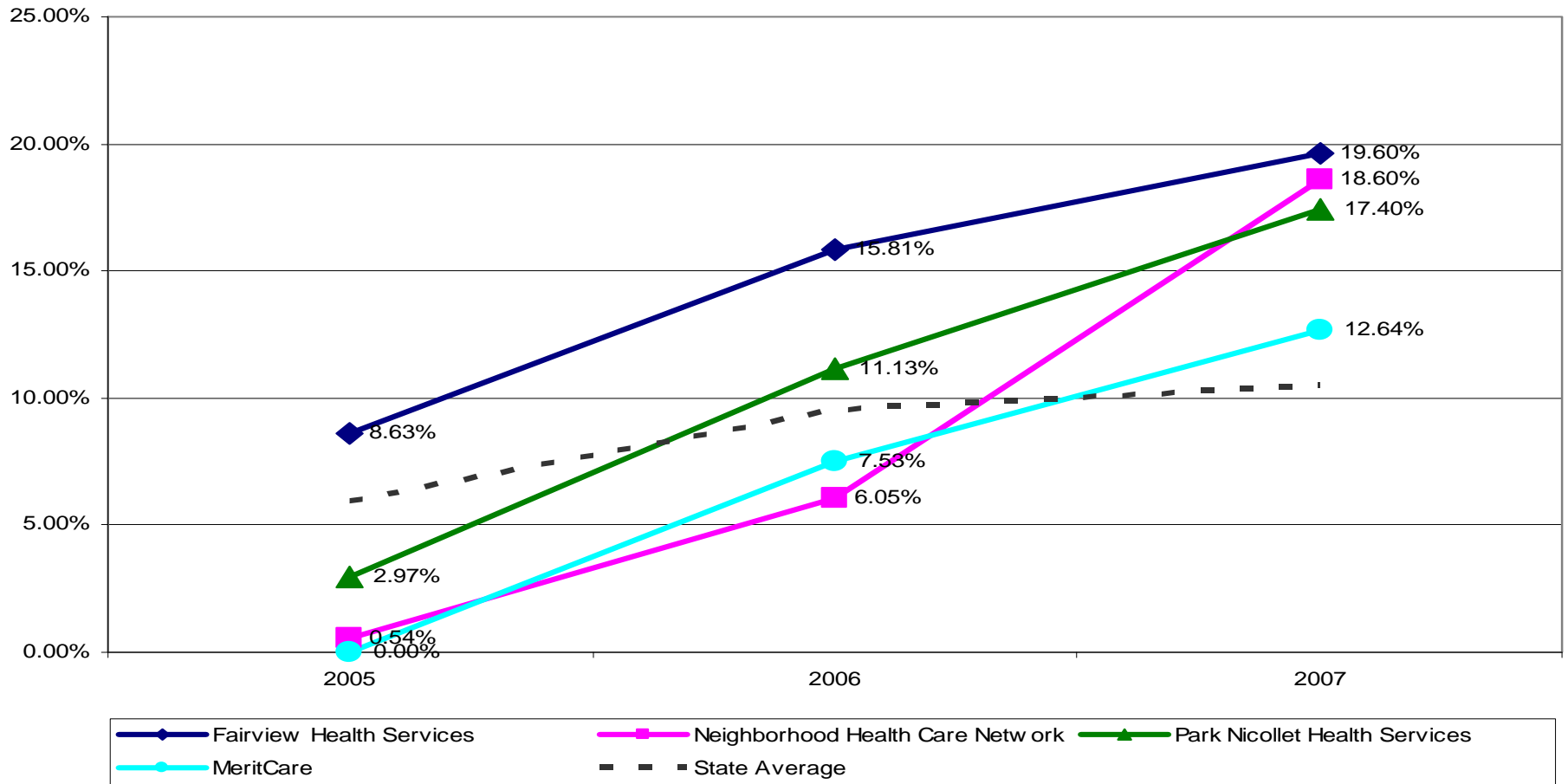
Participating Medical Groups



FV Leads state in DM results

2007 DOS revealed at conference

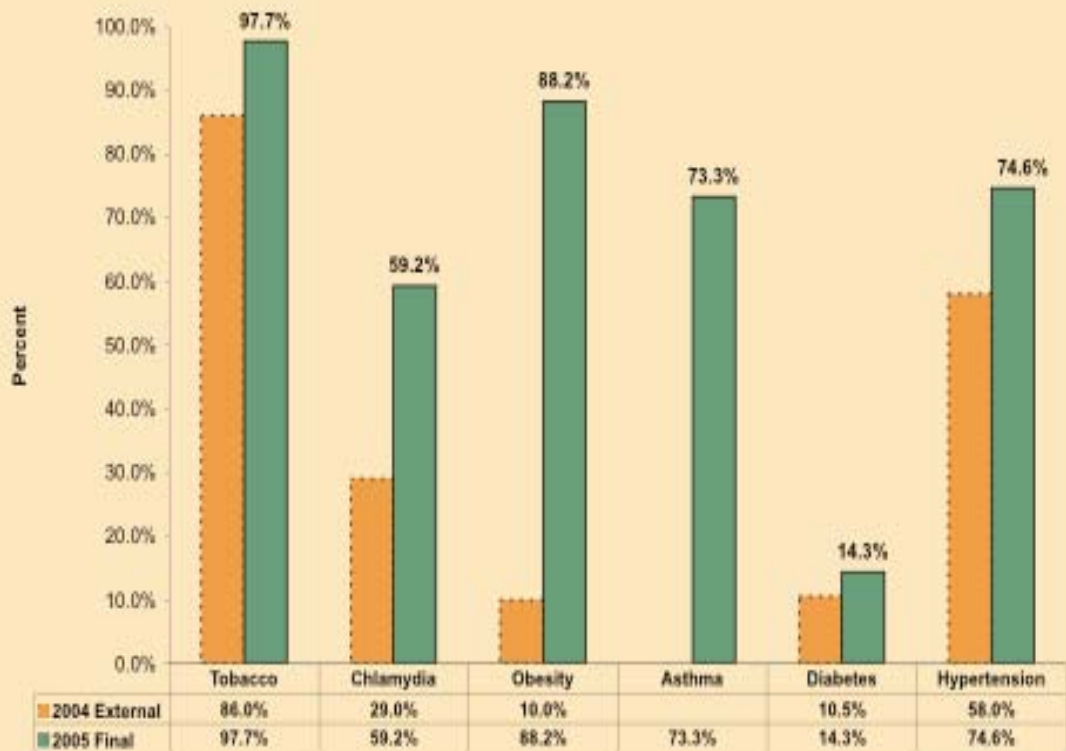
Three Year Improvements with Optimal Diabetes Care



BTE & other P4P programs redirect organizational culture

- 2004- Fairview below average in state for diabetes outcomes as reported by Minnesota Community Measurement
- 2005- average
- 2006- above average, but “in the pack”
- 2007- BTE in place. FV now #1 in state. Named as “setting the benchmark in MN for DM care

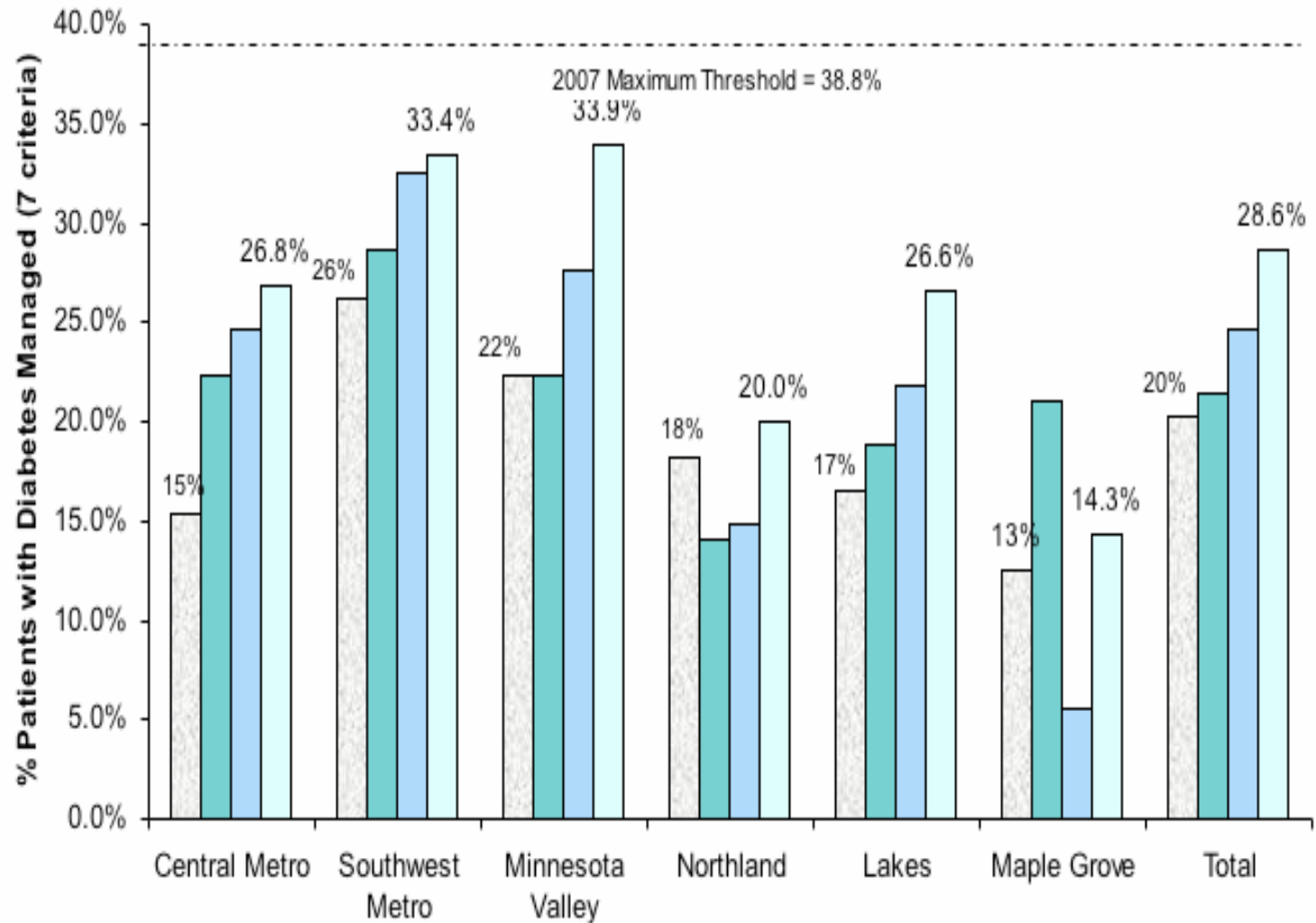
Overall Fairview Clinics (5 Care System) 2005 Quality Initiative Results



Fairview Ambulatory Clinical Quality Initiative Results

Diabetes Management

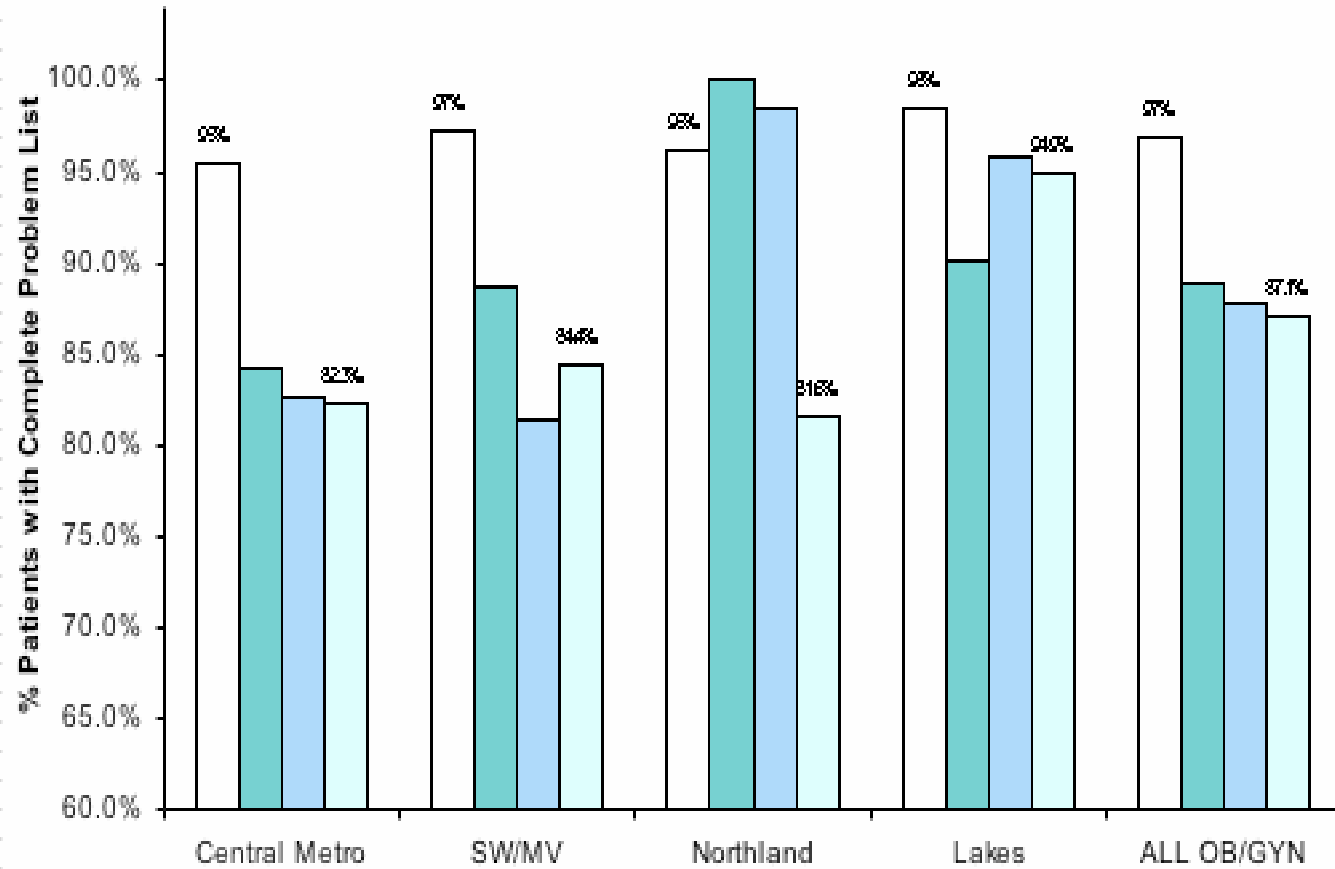
2006 2007 1Q 2007 2Q 2007 3Q



Fairview Ambulatory Clinical Quality Initiative Results

Problem List Completion, OB/GYN

2006 2007 1Q 2007 2Q 2007 3Q



P4P/BTE Lessons

- P4P is a powerful tool in producing improved quality outcomes
- Ongoing P4P continues to improve patient results
- Withdrawal of P4P leads to erosion of gains
- Rewards programs redirect conversation towards what really matters.

QuickTime™ and a
decompressor
are needed to see this picture.

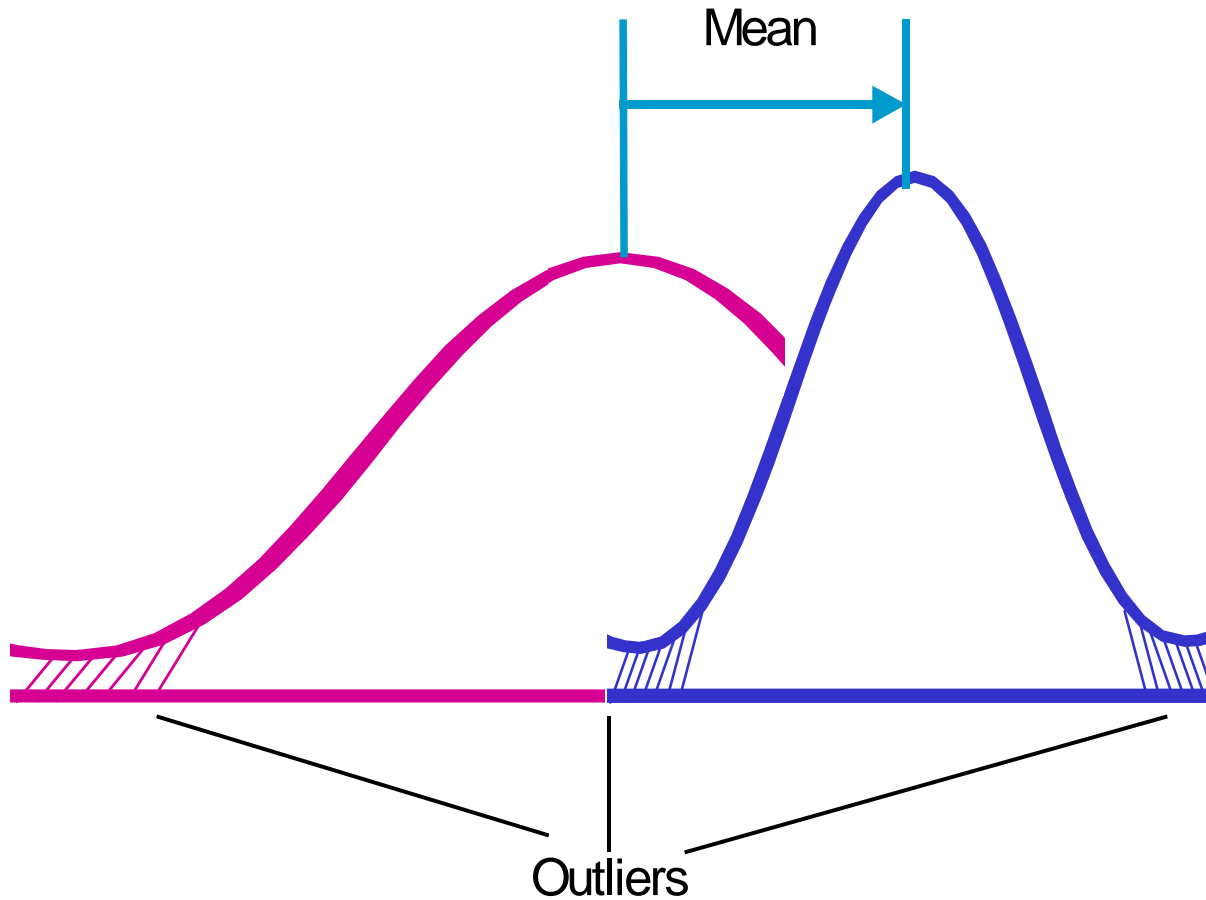
QuickTime™ and a
decompressor
are needed to see this picture.

QuickTime™ and a
decompressor
are needed to see this picture.

QuickTime™ and a
decompressor
are needed to see this picture.

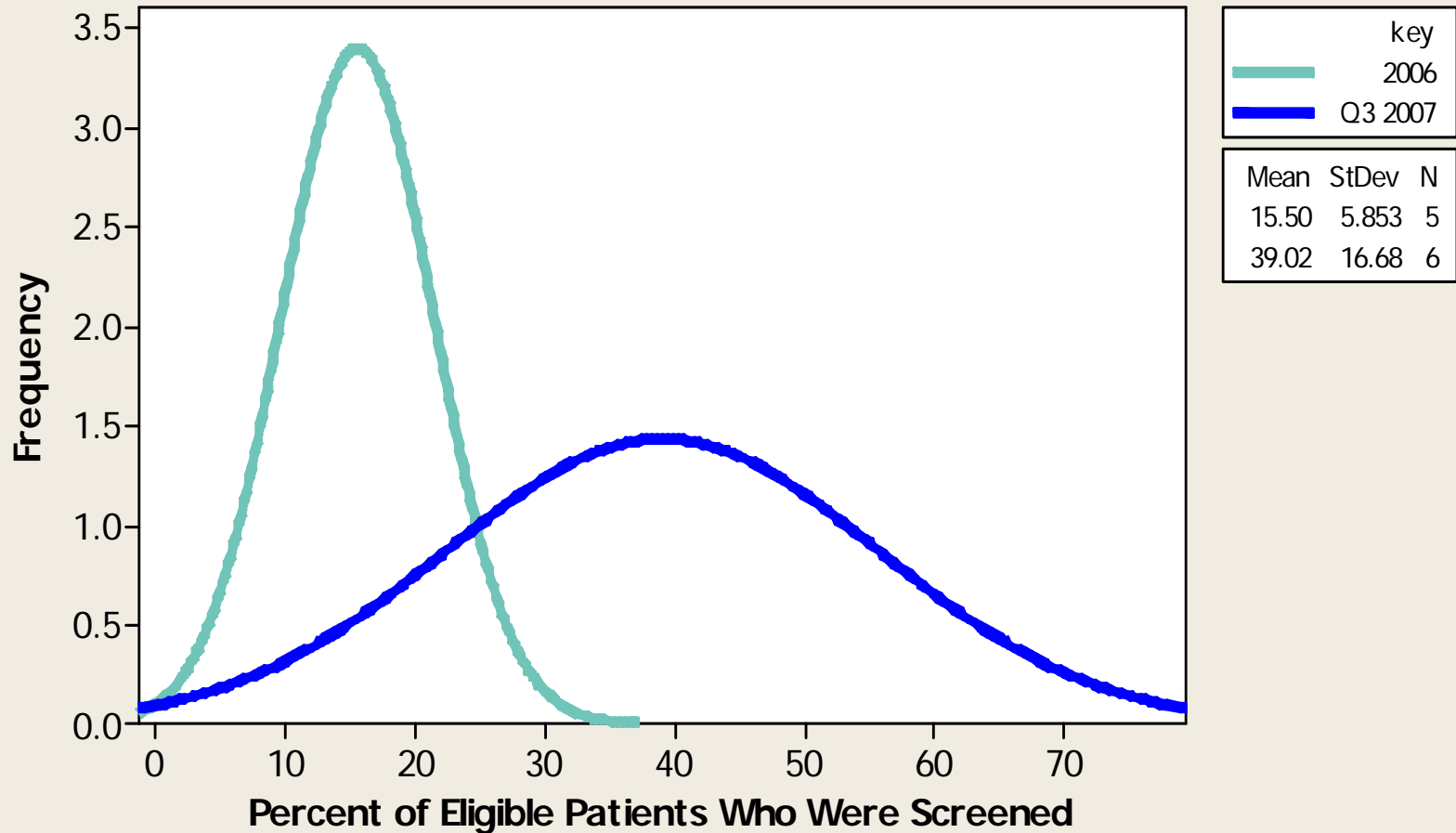
QuickTime™ and a
decompressor
are needed to see this picture.

Improve the Center- Reduce the Spread



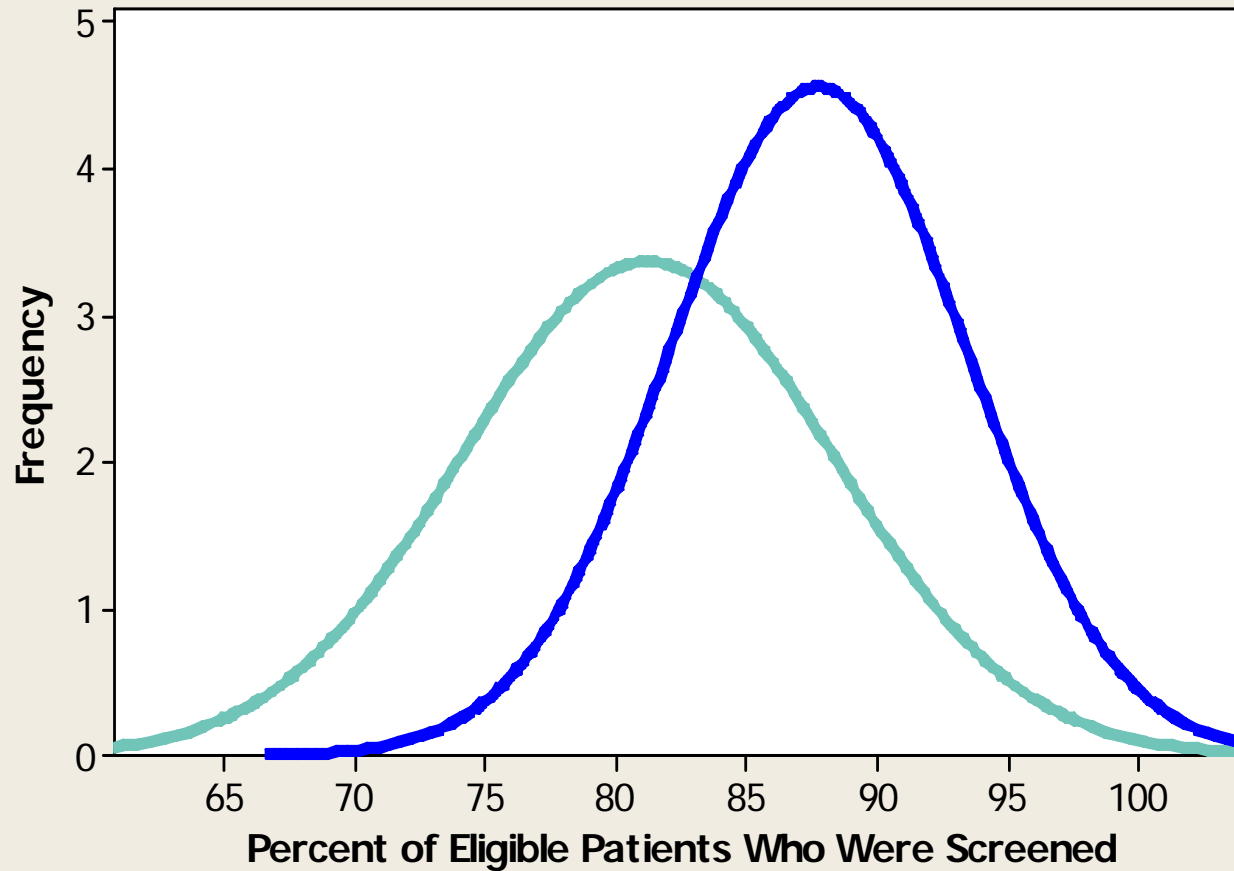
Normalized Curve of Chlamydia Screening Pediatric Patients

2006 & Q3 2007



Normalized Curve of Chlamydia Screening OBGYN Patients

2006 & Q3 2007

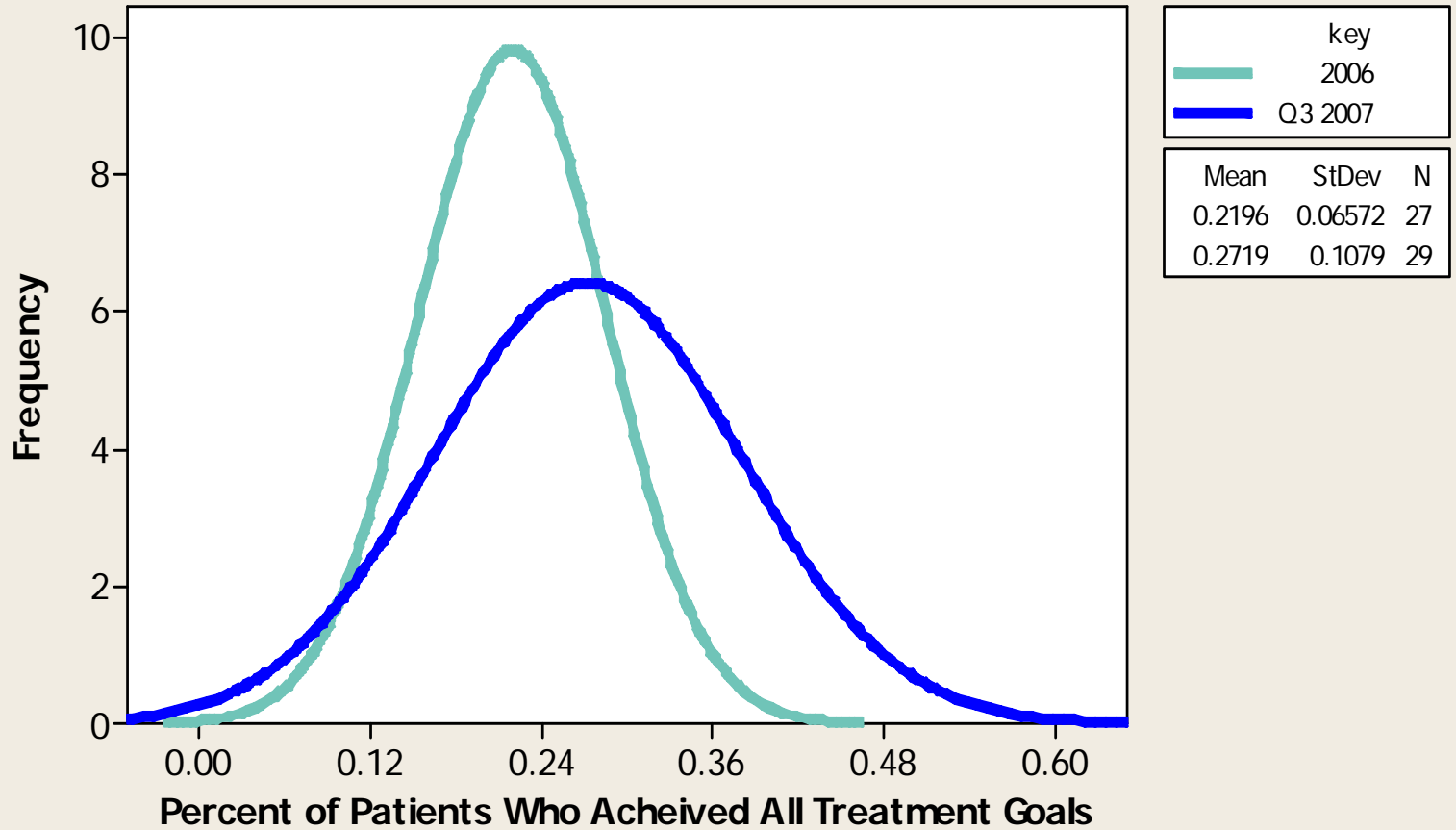


key	
—	2006
—	Q3 2007

Mean	StDev	N
81.22	7.107	12
87.74	5.690	13

Diabetes Histogram

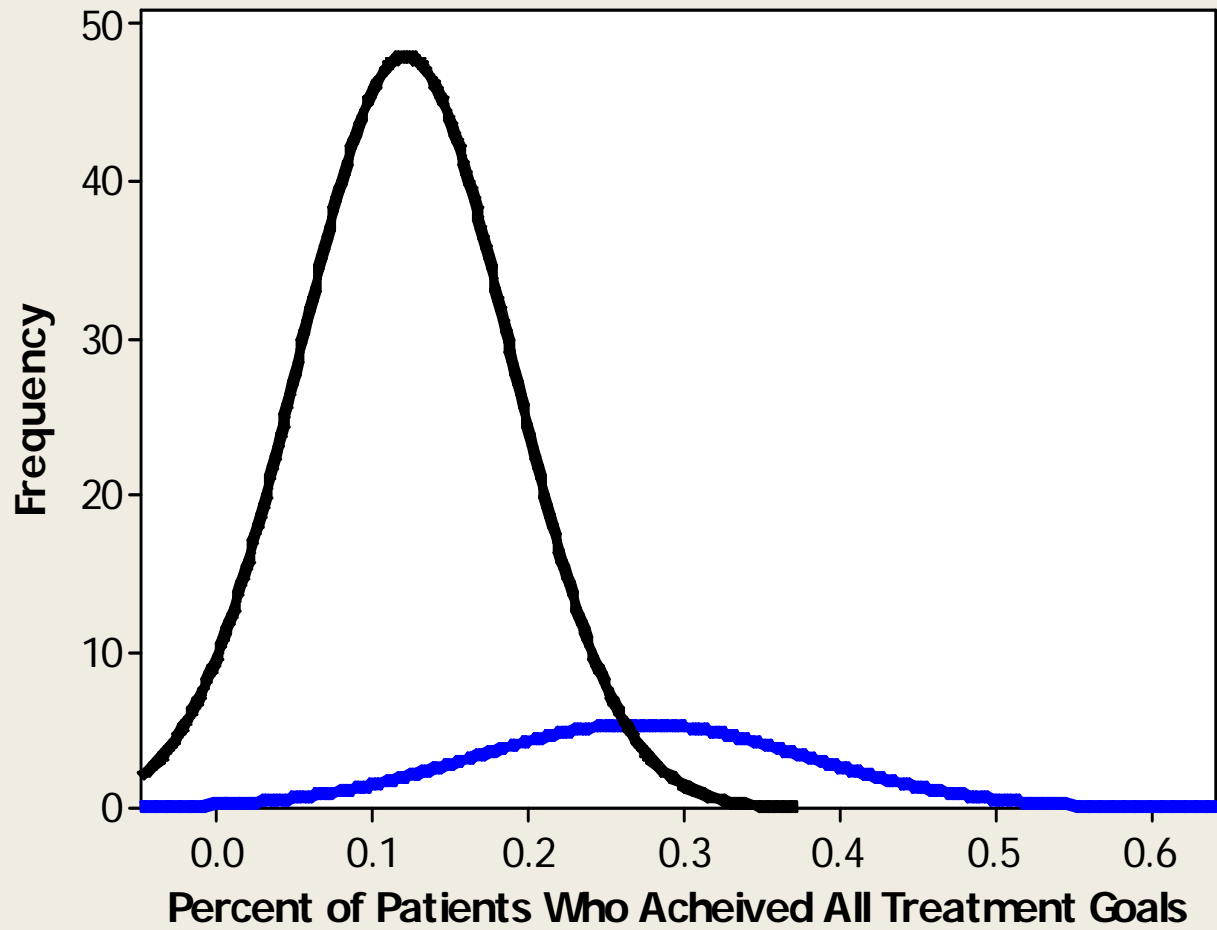
Fairview Clinics
2006 & Q3 2007



Diabetes Histogram

(Fairview Clinics = Q3 2007)

(Other MN Clinics = 2006 dates of services)



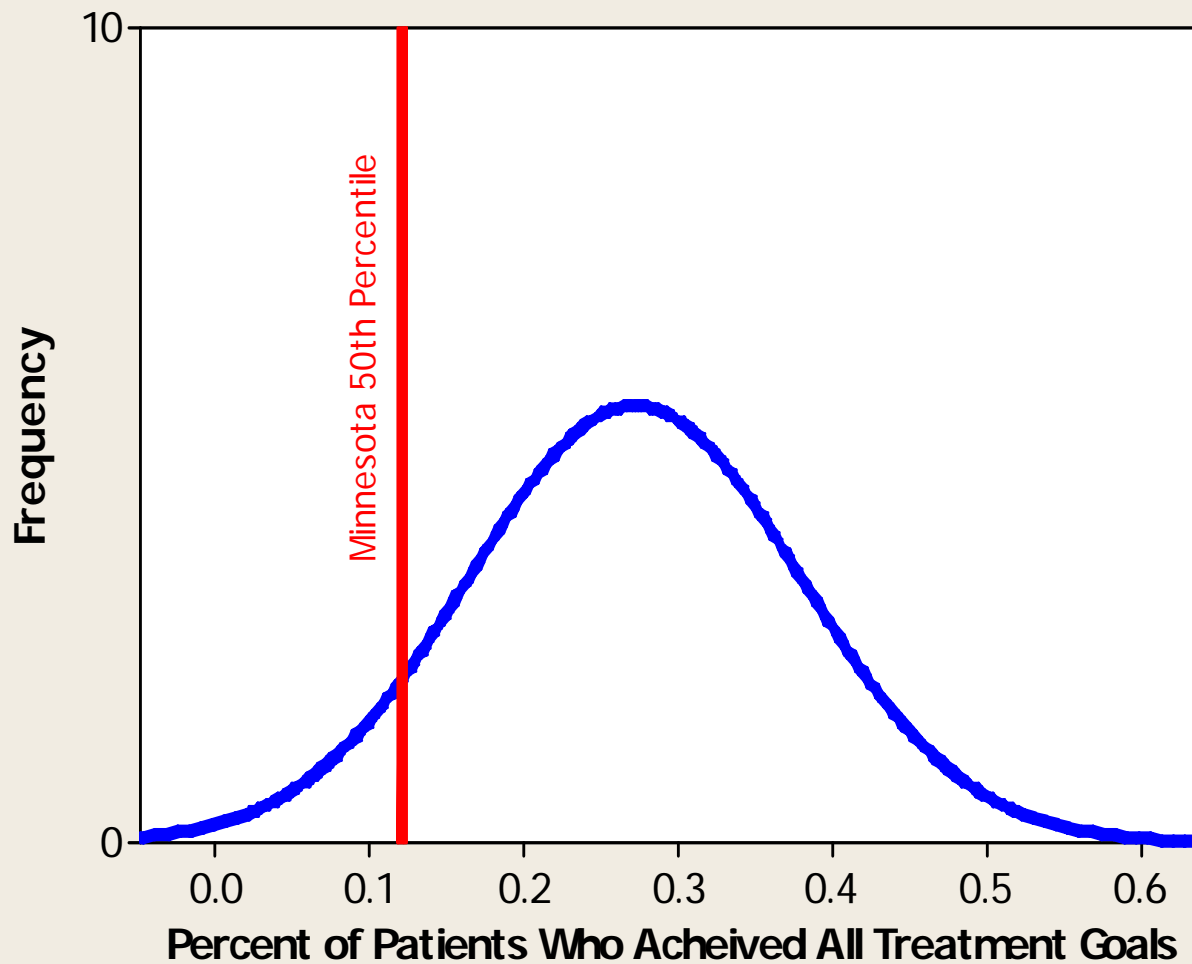
key		
—	Blue	Fairview
—	Black	Other MN Clinics

Mean	StDev	N
0.2719	0.1079	29
0.1208	0.06769	163

Diabetes Histogram

(Fairview Clinics = Q3 2007)

(Other MN Clinics = 2006 dates of services)



key		
—	Fairview	

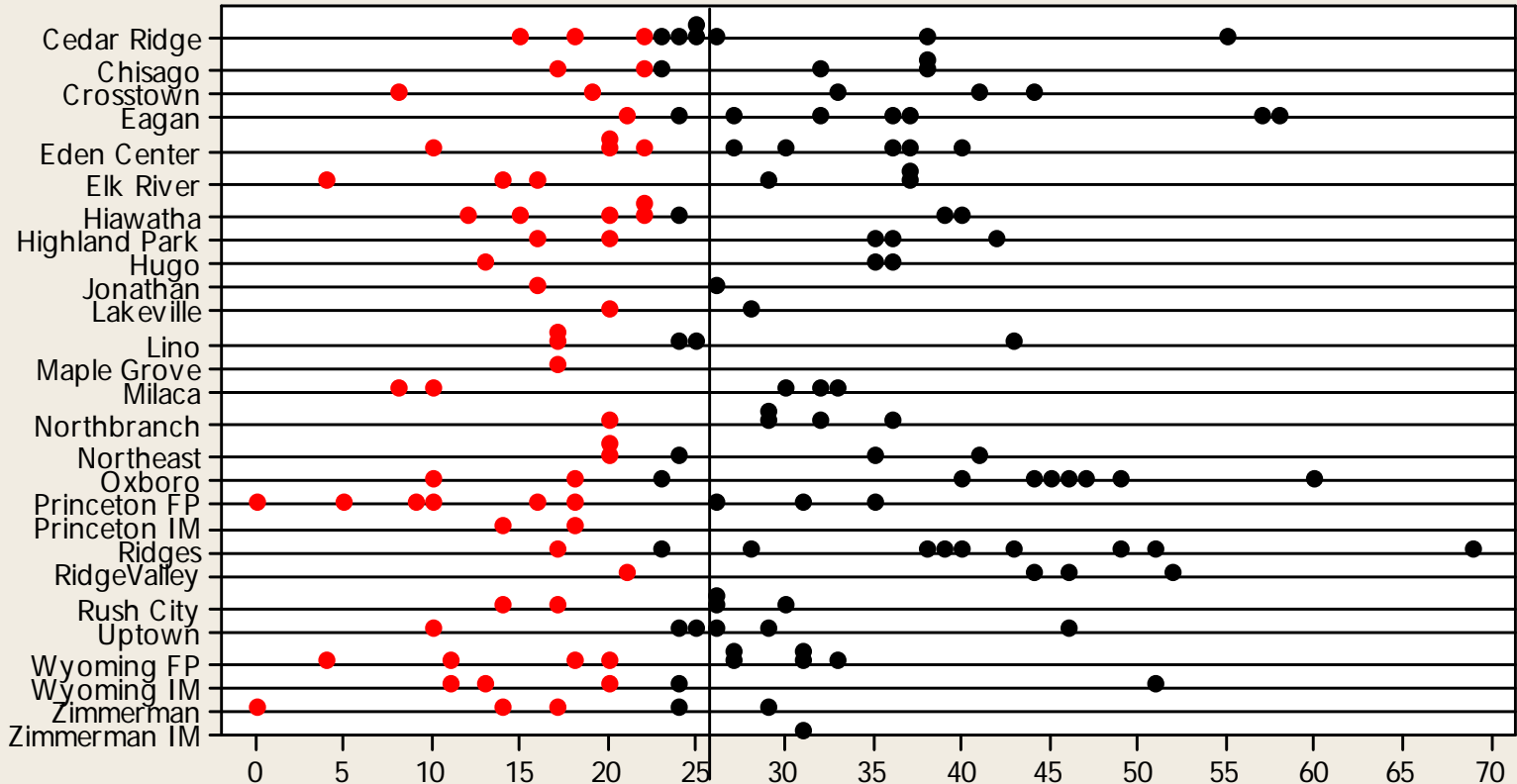
Mean	StDev	N
0.2719	0.1079	29
0.1208	0.06769	163

There is still room to improve-

Unwarranted variation (ala Jack Wennberg) exists

Diabetes Management

Fairview Family Practice, Internal Medicine, and IM/Peds Providers
3rd Quarter 2007 (Patients Seen July 1 to Sept 30)



Patients = 5,921

Providers = 151

Overall Score = 28.6

Median = 26.3

Targets: Baseline = 22.8, Max = 38.8

% Patients with Diabetes Optimally Managed

Samples with < 10 patients are not displayed

Composite Cancer Screening

Fairview OB/GYN Providers

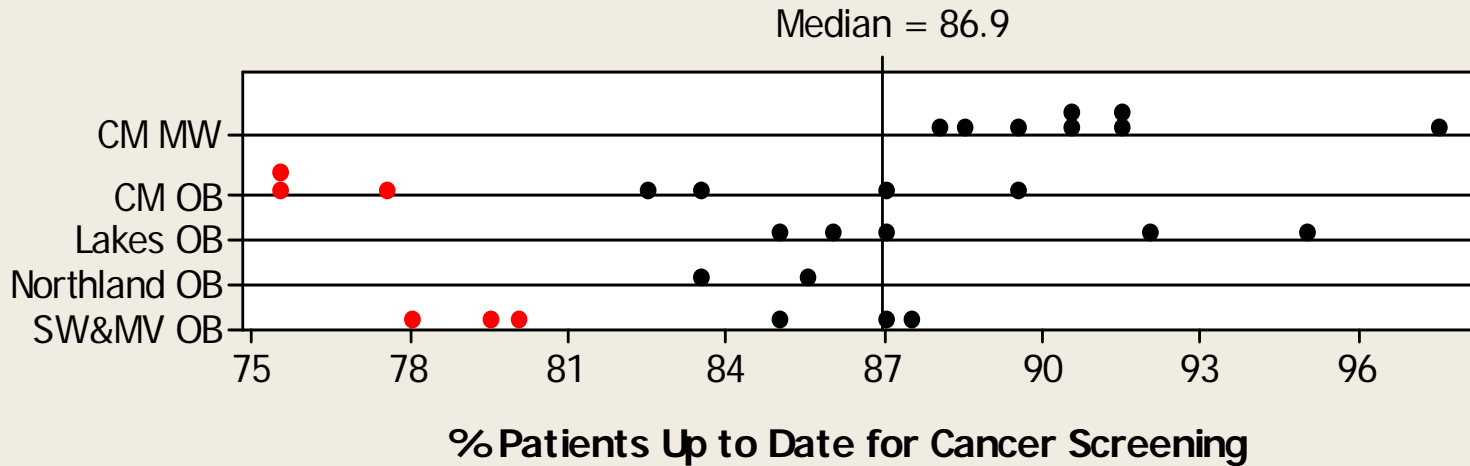
2007 YTD October

Providers = 28

Patients = 12,610

Overall Score = 84.7

Targets: Baseline = 80.0, Maximum = 92.0



Childhood Immunizations

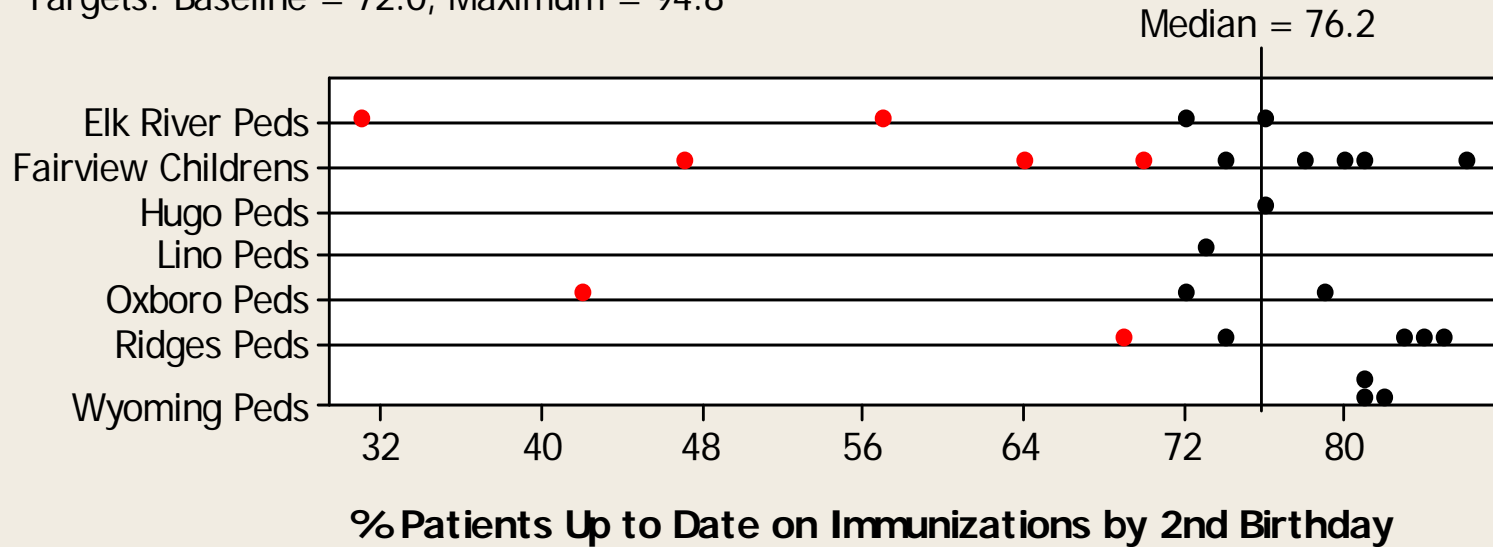
Fairview Pediatric Providers
2007 YTD September

Patients = 1,323

Providers = 25

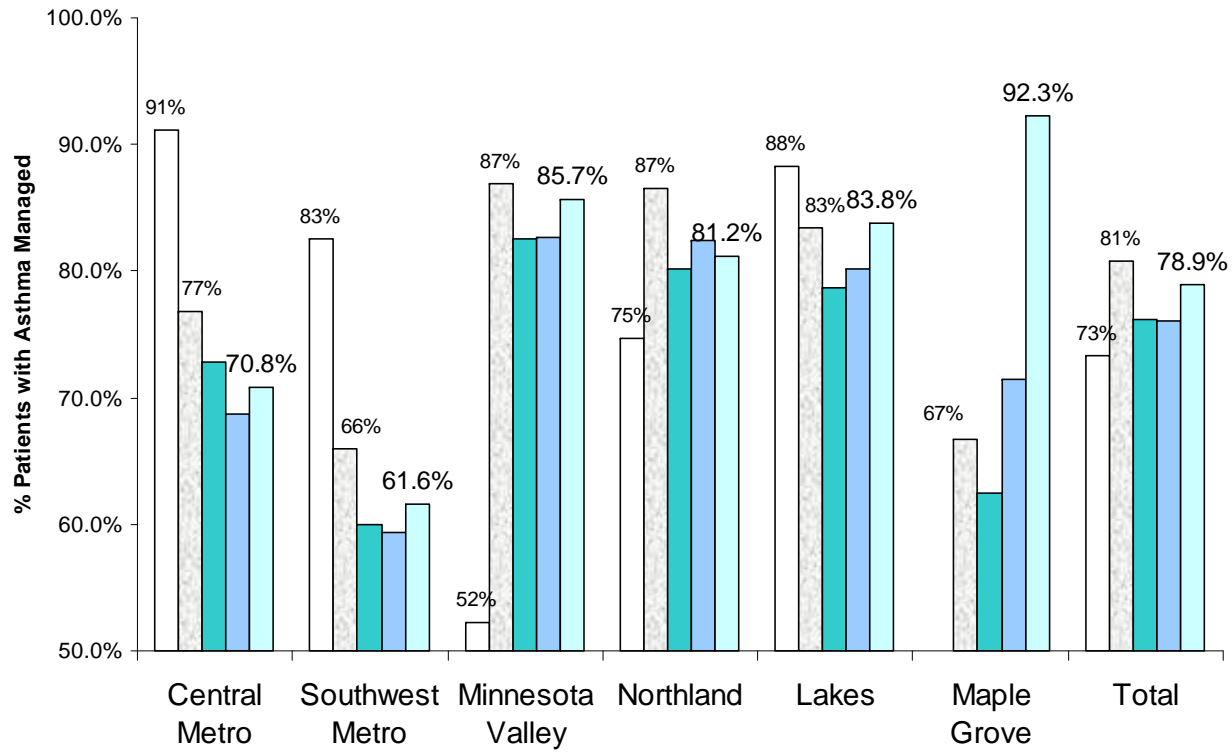
Overall Score = 73.2

Targets: Baseline = 72.0, Maximum = 94.8



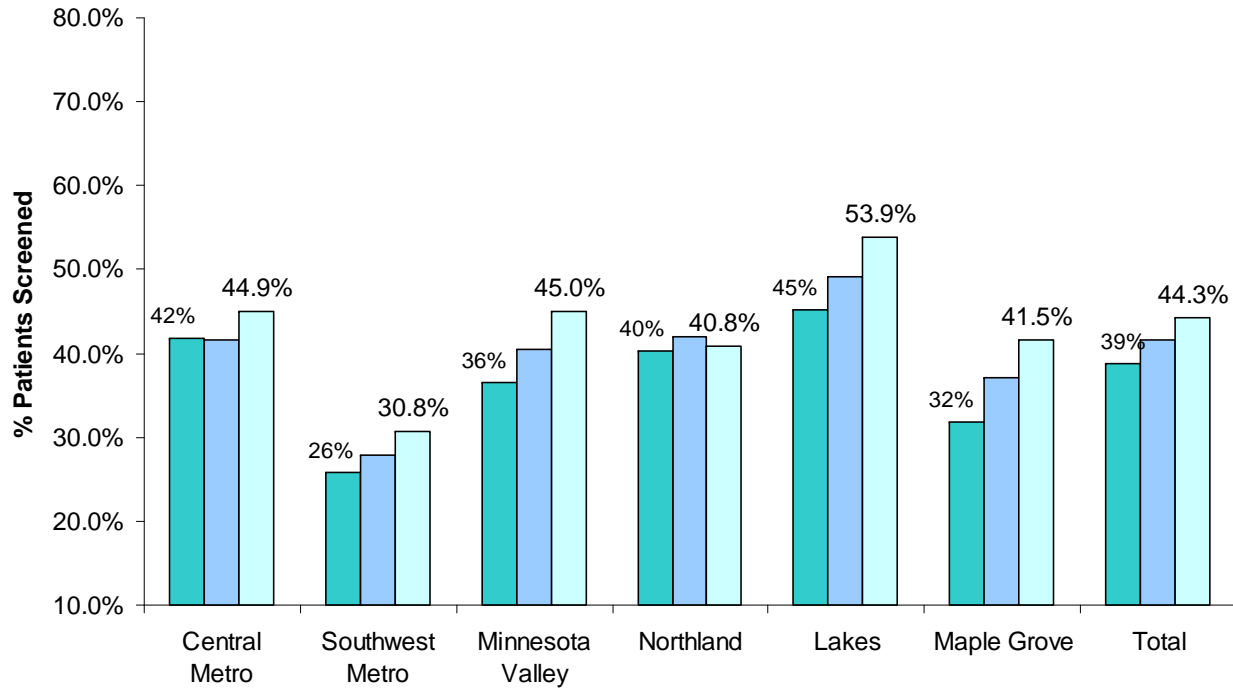
Fairview Ambulatory Clinical Quality Initiative Results Asthma - FP/IM/IMPEDS

2005
 2006
 2007 1Q
 2007 2Q
 2007 3Q



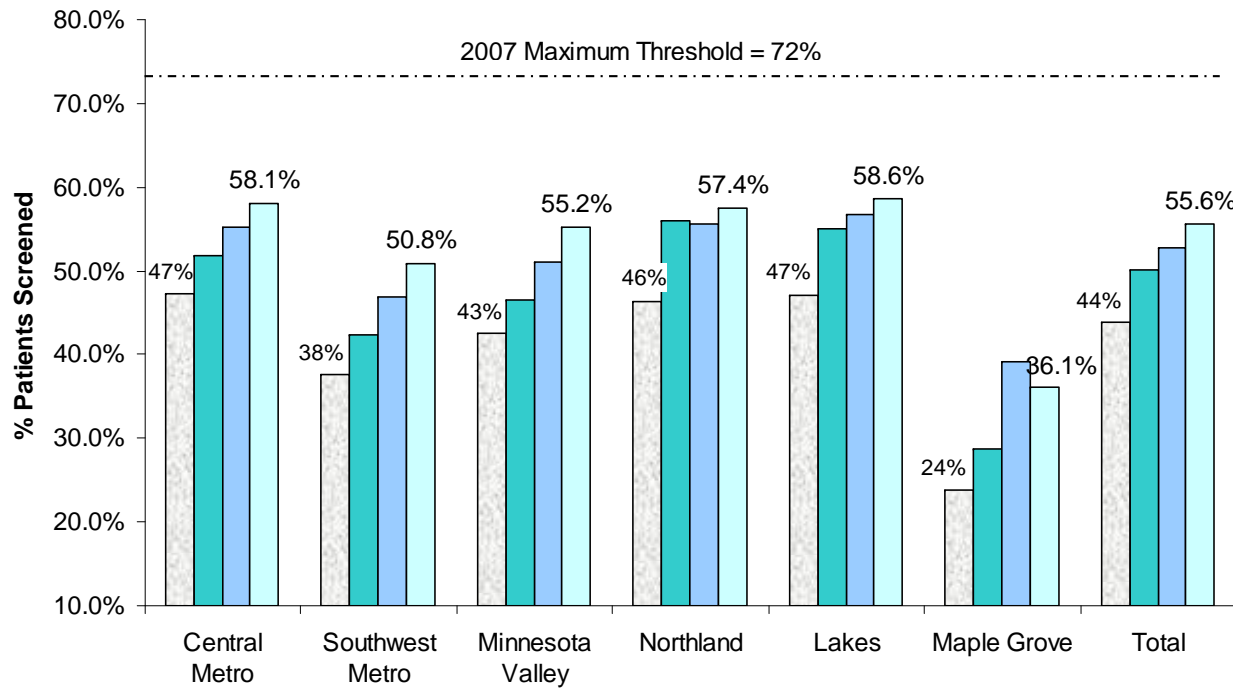
**Fairview Ambulatory Clinical Quality Initiative Results
Chlamydia Screening - FP/IM/IMPEDS**

■ 2007 1Q ■ 2007 2Q ■ 2007 3Q



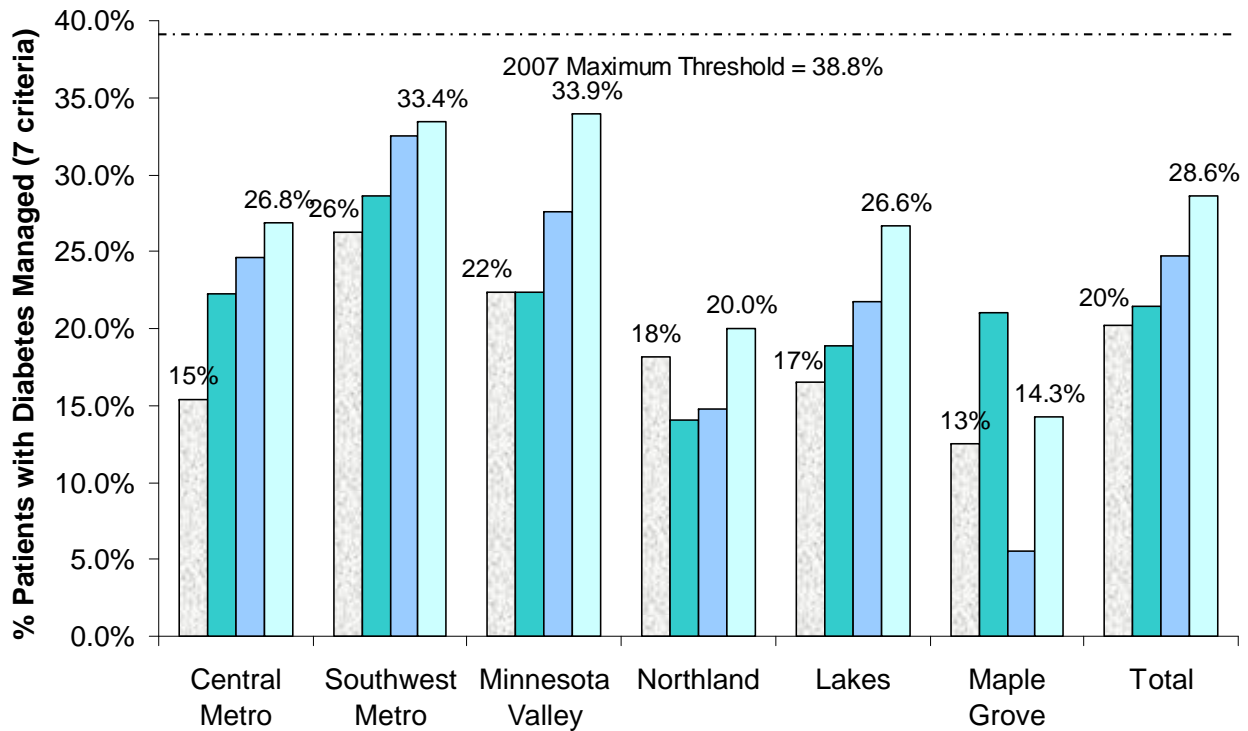
Fairview Ambulatory Clinical Quality Initiative Results Composite Cancer Screening - FP/IM/IMPEDS

2006 2007 1Q 2007 2Q 2007 3Q



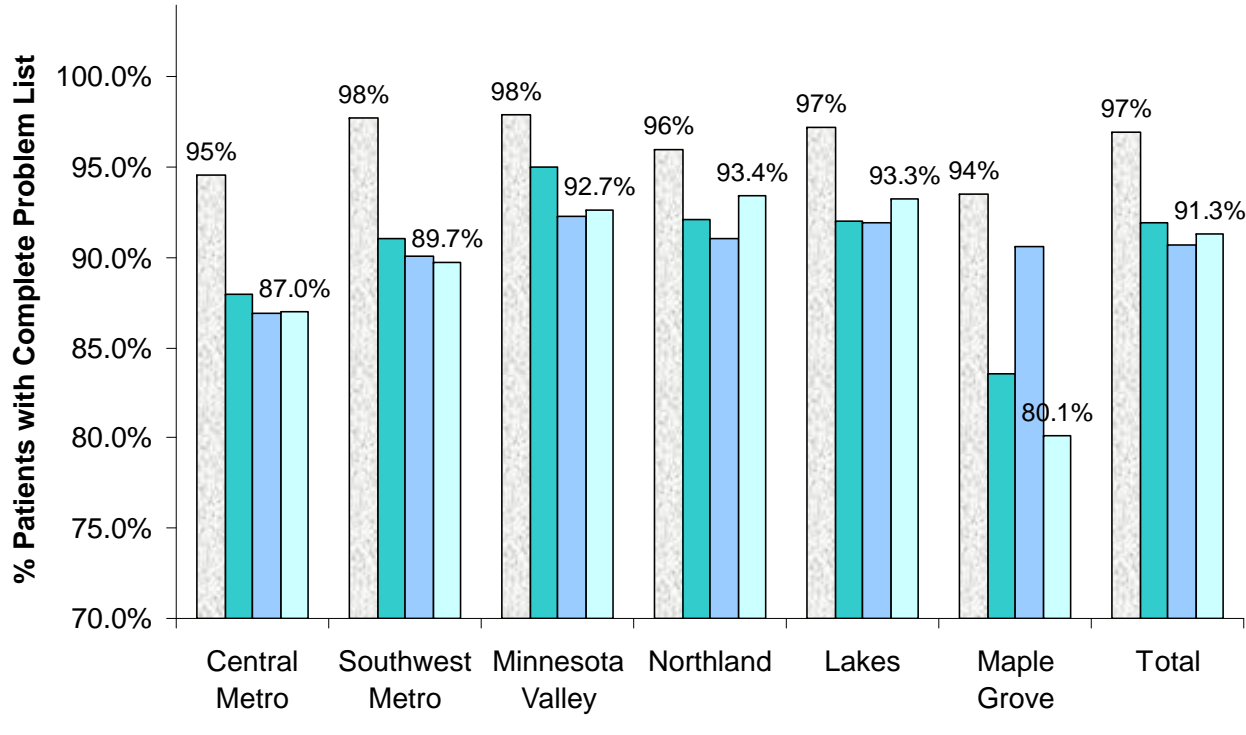
Fairview Ambulatory Clinical Quality Initiative Results Diabetes Management

2006 2007 1Q 2007 2Q 2007 3Q



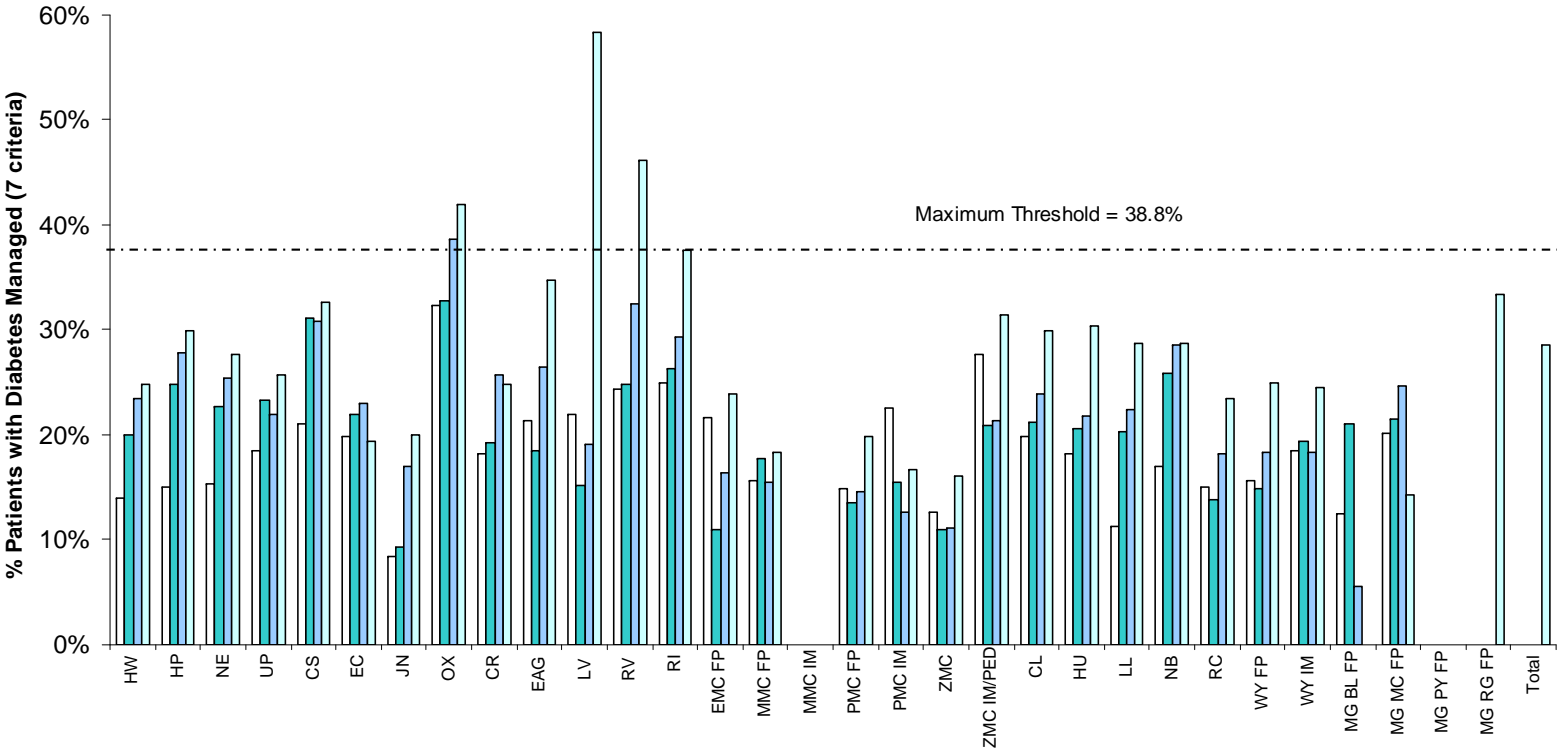
Fairview Ambulatory Clinical Quality Initiative Results
Problem List - FP/IM/IMPEDS

2006 2007 1Q 2007 2Q 2007 3Q



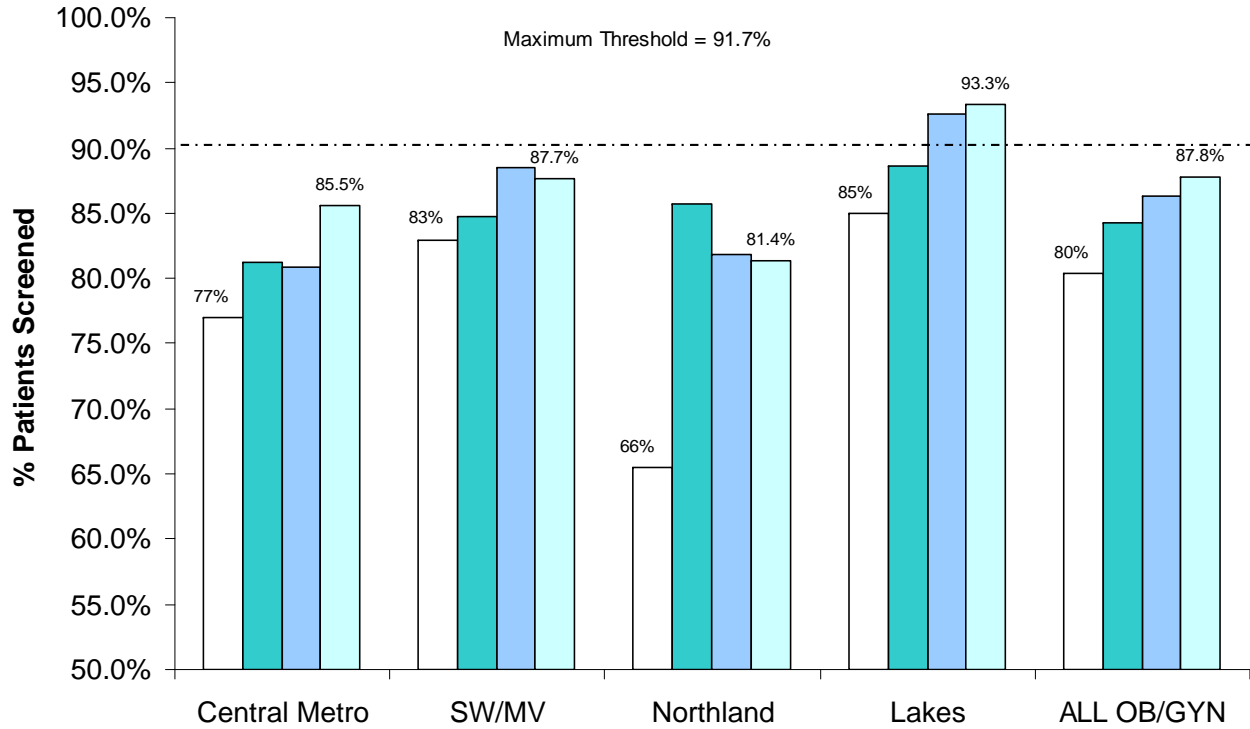
Fairview Ambulatory Clinical Quality Initiative Results Diabetes Management

□ 2006 ■ 2007 1Q ■ 2Q 2007 □ 3Q 2007



Fairview Ambulatory Clinical Quality Initiative Results Chlamydia Screening- OB/GYN

□ 2006 ■ 2007 1Q ■ 2007 2Q ■ 2007 3Q





Francois de Brantes

“Minnesota is doing it better than everywhere else. We’re going to throw out those programs and change them to the MN model.”

Conclusions

1. P4P works if reward is high enough to get physician's attention
2. P4P outcomes lag if reward is withdrawn and refocused elsewhere before it is "hard-wired" into system
3. Having enough patients "enrolled" helps create a large enough critical mass, so state participation in MN was vital

Conclusions, continued

- A trusted joint “steering committee” of clinicians, employers and health plans (BTE steering committee in our state) is critical in getting buy-in and promoting understanding of viewpoints and hurdles
- A trusted jointly operated measurement group (MNCM in our state) promotes confidence in data & suppresses “noise” about all that is wrong with P4P
- Direct data submission via electronic records fits in well with Dr. Bershow’s porpoise theory
- Rapid cycle feedback to providers is key in helping them understand where to improve. Therefore EMR’s are part of the solution, not something to be rewarded in & of themselves

Projections into the future

- After a time, your high performers will reach an asymptote. Getting better outcomes after that requires system changes to move the laggards
- Redesign of compensation models will need to be made to extend concept of P4P “out to the capillaries” (R4R in our state)
- Further alignment of health plans’ P4P with BTE (& MNCM in our state) will increase signal strength and magnify improvement